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Key-words

Assistance
Evolutionary Duo
Holothosenic Pressure
Intentionality
Sustainability
Thosenic Differentiation

Unitermos

Assistência
Diferenciação Pensênica
Dupla Evolutiva
Intencionalidade
Pressão Holopensênica
Sustentabilidade

Palabras-Clave

Asistencia
Diferenciación Pensénica
Intencionalidad
Pareja Evolutiva
Presión Holopensénica
Sustentabilidad

Experiences of Applied Conscientiology

Vivências da Conscienciologia Aplicada
Vivencias de Concienciología Aplicada

Abstract:

This article exposes the occurrences experienced by the author and her evolutionary duo, both students of the Applied Conscientiology Course of CEAEC during the period between January and March 2000. The account is a discourse on the arising of a problem in a professional task in which there was a great holothosenic pressure, and the whole process regarding its conclusion. It also exposes the entire apprenticeship originating from it that permitted the practical experience of sustainability, the use of will, the beginning of the practice of Penta, and the development of the clarification task.

Resumo:

Neste trabalho são expostas as ocorrências vivenciadas pela autora e seu parceiro de dupla evolutiva, ambos alunos do Curso de Conscienciologia Aplicada do CEAEC, durante o período entre janeiro e março de 2000. O relato discorre sobre o surgimento de um problema numa tarefa profissional em que houve grande pressão holopensênica e todo o processo relacionado à sua conclusão. Expõe-se também todo o aprendizado decorrente que possibilitou a vivência prática da sustentabilidade, o exercício da vontade, o início da prática da Tenepes e o desenvolvimento da tarefa do esclarecimento.

Resumen:

En este trabajo son expuestos los hechos vivenciados por la autora y su pareja evolutiva, ambos alumnos del Curso de Concienciología Aplicada del CEAEC, en el período comprendido entre enero y marzo del 2000. El relato cuenta sobre como surgió un problema en una tarea profesional donde hubo una gran presión holopensénica y todo el proceso relacionado con su conclusión. Se expone también todo el aprendizaje decorrente que posibilitó la vivencia práctica de la sustentabilidad, el ejercicio de voluntad, el inicio de la práctica de la Tenepes y el desarrollo de la tarea de esclarecimiento.

1. INTRODUCTION

The following experiences took place from January to March 2000, and were reported to colleagues and teachers of the Applied Conscientiology Course (CAP)¹ on 03.30.00, during the retrospective of personal experiences performed by the members of the group, which was part of the 5th module of the course. Only at this time, with the help of the group analysis,

did my duo and I effectively understand their true scope.

On 05.30.00, at the end of my daily practice of Penta, I received an idea from the extraphysical team: In my account, I should not forget to mention that the Integrated Projectiology Course (CIP)² had occurred at the same time in the city where I live (Chapecó - SC). As a matter of fact, I had forgotten that the CIP

had taken place at the same time.

I was sure then that I should write, even though it would be difficult to summarize such concrete and dynamic happenings permeated with “multidimensional subtleties”.

2. HOLOTHOSENIC PRESSURE

I had studied about Penta sometime before. At the time, I had concluded that it was a practice beyond my possibilities, because I had some weak traits that prevented my performance of the task. I postponed the question to a future moment when hopefully I would find myself in better conditions.

Later, in January 2000, Penta was focused on the 4th Module of the Applied Conscientiology Course, and that made me think again about the question. By the time I got home though, there were so many people requesting my help due to illnesses, depression, desomas in the family (including suicide) that I had no more time to think about the subject, and totally forgot Penta.

In spite of what was happening, I was able to remain calm, with relative serenity. My duo, however, was nervous, anguished. I was not paying him the necessary attention, however, until he called me to talk. He told me he was succumbing to all the pressure he was under and that in other times he would have turned to a psychiatrist, even though he now knew it was not the case. He had tried in vain to speak with teachers from CEAEC. He even considered catching a plane to CEAEC, but there was no direct flight to Foz do Iguaçu. He then concluded that he should solve the questions that were tormenting him right where he was.

We both knew that there was no new, specific problem, no apparent cause for what was happening. So we started to question about possible implicit factors. A few days before the crisis, in January 2000, he had started a new civil engineering job in a frozen meat storage plant, where many things were going wrong and did not flow well. It did not stop raining, the sub-contractors machine broke down, excavations collapsed, there were mistakes on the project (developed by the contracting company), and that generated new unforeseen expenses and financial losses. The foreman and the engineer, otherwise experienced and capable professionals, were incapable of solving even the smallest problems, and did not come up with any ideas or solutions for anything. Those were a few among other setbacks. However, those prob-

lems were constant in my duo's profession, and he had never been intimidated by difficulties concerning work. That should not be the reason then.

We talked a whole afternoon (a Saturday) trying to track reason(s), eliminating options, wanting to differentiate the acting factors. At a certain point I got scared, as I noticed that his lucidity would “eclipse”, and the analysis of the situation would be my responsibility alone. I started to feel very unsure because I had never seen him in this state before. Even in our hardest moments of great pain, he always knew how to act and had made his decisions with lucidity.

I felt that my lucidity was becoming restricted as well, and it was then that I *decided* that I could not stay in that pattern, that I needed to promote a sympathetic de-assimilation. I needed to move away from the situation, to detach myself emotionally, to make use of reason, or we would both go under.

We started to think that perhaps his holosomatic uneasiness could be related to the job we mentioned before. I recalled that some years before, when he had built a previous frozen meat storage plant, many things had gone wrong. He had then felt very worn out and had to go to a doctor. However, that was a large project, of great complexity, and this time, even though it was also complex, the size was smaller.

I started to ask why so many other constructions, regardless of size and degree of complexity, had never unstructured my partner and his working team. Were these two jobs exceptionally difficult because they happened in a frozen meat storage plant?

Then we could interrelate the facts in a larger way, and many other associations followed. We remembered the subjects that were focused in the Applied Conscientiology Course – energy, differentiation, (perception of thosenic intrusion), assistance, intentionality, sustainability (maintenance of a set of group assistential activities), among others – and everything started to flow, to clear up. Later on he mentioned that he was already feeling better, he was feeling lighter, so I teased him: “Didn't you complain at the beginning of the course that you wanted to know more about practical experiences? Well, here is your opportunity”! He understood then that what he had wished for was starting to occur in practice.

There were two alternatives to solve the problem: to rescind the contract (legally possible) or face it under the multidimensional focus – and *sustain* it. He told me that he would decide before Monday.

I did not want to give any opinion and influence him, because the decision was his to make. Rescinding the contract would (apparently) be the easiest way out, but I knew that later on he would be disappointed, figuring he had been unable to solve the problem.

Sunday night he told me he had decided to keep the job because he and his team had managed to keep on working, in spite of the rain and being stuck in the mud, and that was *ethical*. Further, he mentioned that even though their contractor was an animal slaughterhouse, it produced food for human beings. His conclusion was that this type of activity, per se, was not anti-cosmoethical. The only reason why he had undertaken this job was not to fire any of his employees, and he figured he could face some eventual financial loss. Everyone meant well and the work would be accomplished at any cost. They would perform the necessary assistance even though he did not know how he and his team – “little ants” - would be able to assist a giant. In his opinion, his existential program consisted basically on testing how much pressure he would be able to support, and he had decided not to give in. He questioned, at the end, how and from where he would start.

I reflected about the question, and the only thing that came to my mind was the word *will*, because everything originated from it. I was not sure if this was the best consideration at the time, for I had doubts myself, but he needed an answer.

The following day he went to work in an excellent state of mind, but returned extremely tired. I told him to take a shower, and he obeyed me like a robot under my control. I told him to relax a little before and after lunch. He recovered and returned to work. At night he came back home in pieces again. He went to the shower, installed the vibrational state (VS), relaxed, had dinner, installed another VS, relaxed again and slept. In this manner several days went by.

The truth is he was not going to “work” – he stopped going to the office altogether. He just stayed next to the working site walking around the employees, taking the pressure off the group, assimilating sick energies (lightning rod), and tried to recover at home, to do it all over the next day. I noticed that he was no longer nervous, anguished or annoyed – he seemed “resigned”. Only once he mentioned that he felt like a soccer player that was taught the techniques and tactics of the game, but did not receive any physical preparation. He knew he should apply VS, but to perform it inside the frozen meat storage

plant was something else.

He was fighting a war, but never relinquished. I controlled myself not to feel sorry for him, and I was always trying to encourage him. Little by little the pressure diminished, the self-esteem increased, the lucidity was reestablished – both his and his team’s – and the situation was under control.

The problems persisted, but they were being solved to the satisfaction of all. The sub-contractor in charge of the excavation, for instance, refused to return and conclude his task – he said he would *never* walk into that frozen meat storage plant again. The question was solved during a meeting, on a Saturday afternoon, when all the people involved (dissatisfied, revolted and outraged) participated.

3. PENTA PRACTICE

During this period, a friend that had never visited me before came to my home and I asked her to include a certain person – who was depressed and had attempted suicide – in her Penta. My friend told me that she had also suffered from a long period of depression and that her brother had committed suicide as consequence of a depressive crisis, facts that I ignored. As I formulated my request, I established a connection: I was the one that should be practicing Penta, instead of asking others to do it.

Because I was very busy at the time, I wanted to make an immediate decision: Should I perform a real self-confrontation, eliminating weak traits and start Penta as soon as I was fit, or should I start it immediately and administer the situation within the possibilities. I reflected, mixed defense mechanisms with self-corruption, and started it the following day, among a huge self-disorganization. After that I felt a great relief.

This was not the ideal way, but when we are inside crossed firing lines, we can only fight, no matter how. Now I need to be alert and study the subject to confer quality to the task.

4. SUPPORTING THE CLARIFICATION TASK

During the months of January, February and March 2000, my duo gave priority to the job at the frozen meat storage plant, “multidimensionally” administered at the time, and I was involved with my groupkarma and starting Penta. However, another fact was occurring: the first CIP to be ministered at our town from March 18th to April 2nd, 2000.

The organization team of the course was having a hard time finding a room that could be used during the 16 days of the course for a reasonable price. When we heard about it, we offered a room that was available at my duo's company. When we showed the room to the volunteer of IIPC that was working in the organization of the course, she told us that, during a course promoted by IIPC the year before (ECP2), the instructor had told her that a couple would be helping her, and now she thought she had found them. No students had yet enrolled for the CIP (a sign of the pressure against the event), but IIPC had agreed to offer the course with any amount of students, since there would be no expenses with the room or hotel charges for the instructor that would be giving the course (she would stay at a volunteer's house).

The course happened and 8 people participated: 6 were recycling, 1 needed to complete some classes, and 1 had never attended the course before and gave up before completion.

In this course we heard about another course offered by the CIP instructor, and we mobilized ourselves so that the course could be held the following week, at the campus of one of the universities of our town, with the presence of 20 students. In this way, a former wish of my sister and I came true: to "seed" the ideas of Conscientiology at this university, where my sister is working and I worked in the past, contributing to restructure its holothosene and to clean the thosenic non-evolutionary traces that we may have left behind. A few teachers and employees of the institution took the course.

5. RESULTS

Throughout the experiences we had during the period from January to March 2000, we obtained positive results of several types and in various places:

a) In our conviviality circle

- The consciousnesses of my groupkarma that were experiencing traumatic situations received intra and extraphysical support to cope with them.

b) At work

- The frozen meat storage plant job was concluded, with a quality that exceeded the expectations, on schedule, in spite of all counter-flows.

- The good relationship developed generated great satisfaction to all people involved, leaving the economic/financial results in a secondary position.

- The contractor agreed that it was fair to readjust the price of the contract, thus eliminating the financial loss that had occurred.

- At the end of each service concluded by third parties, the contractor evaluates the performance of the contracted company (internal rules). In this case, it was given 94 points (out of 100) to my duo's company, generating great satisfaction to the involved team and increasing the self-esteem of all.

c) Penta

- The results of my Penta have been positive, even though I still question myself a lot about the amount of my contribution.

- If I waited to start Penta only after I had solved all my problems, for sure I would not practice this assistantial technique in this existential series. I am happy with the decision that I have made.

d) Promoting the Clarification Task

- The first CIP of Chapecó promoted assistance to the involved consciousnesses, including my sister and the friend who gave me the password to start Penta.

- The difficulties to find the room for the course generated a final solution for the problem, since the room that was offered to the first course will be available for future events.

This was a period of great education, an occasion for my duo and I to confirm, through experience, the applicability of the subjects focused in the Applied Conscientiology course and their results.

Notes

1. Applied Conscientiology Course (CAP): promoted by the Center for Higher Studies of the Consciousness (CEAEC).
2. Integrated Projectiology Course (CIP): promoted by the International Institute of Projectiology and Conscientiology (IIPC).