



Editorial

Applied Conscientiology

The year of 1999 set the beginning of the *Applied Conscientiology Course* at the *Center for Higher Studies of the Consciousness (CEAEC)*. Set to take place for a duration of 2 years, it was developed based on the experience acquired during the implementation of CEAEC, which made it possible to have a deep understanding and experience of Conscientiology in the practical events of daily life.

The first group was formed in March 1999, with monthly classes held in São Paulo. In April and September of the same year, other groups were formed in Foz do Iguaçu, with quarterly classes. An extension group was formed in the city of Jundiaí, in March, with monthly classes and a one-year duration.

The dynamics of the course include expositive and interactive classes, videos and debates, as well as experiments carried out in the 16 Consciential Self-Research Laboratories of CEAEC. Groups with monthly classes come to CEAEC once or twice a year to deepen self-research at the laboratories. The development of the themes is integrated with the laboratorial practice, which contributes to intensify the processes of self-knowledge, self-confrontation and intra-consciential recycling of the participants, derived from multidimensional experiences.

Themes like self-research, consciential crises, thosenic differentiation, control of bio-energies, consciential interrelationships, assistential intervention, changes of individual paradigms, existential program, and holothosenic sustainability are a few of the relevant subjects discussed.

The main objective is to assist the development of the student's ability to apply the concepts, theories and techniques of Conscientiology to the environment in which they live, increasing their consciential maturity and stimulating their interrelationship with other consciousnesses, based on assistentiality.

Besides the articles related to the theme *energetic junk*, the reader will find, in this edition of *Conscientia*, texts that derive directly or indirectly from activities of the *Applied Conscientiology Course*, reflecting experiences that took place at CEAEC and in the daily life of the students and teachers.

The essay *Energetic Junk (Conviviology)* brings up the question of objects impregnated by negative energies, a fact quite common in various contexts of intraphysical life, when these objects may function as a base for the activity of extraphysical intruders. This article contributes to enlarge our recognition of the implications of energetic junk in the multidimensional life of intraphysical consciousness and the techniques that can be used to avoid their effects.

An Experience with Energetic Junk is an account of an energetic junk case, exemplifying how these objects act and influence energetically. This case enlarges the available casuistic regarding this conscientiological theme

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of investigation.

Energetic Perceptions in Cosmoethics provides a study that relates the cosmoethic, bio-energies, and thosenity, based on the analysis of several types of consciential manifestations and multidimensional occurrences. This article shows the need for bio-energetic control and parapsychic perceptions to develop cosmoethicality in practice, contributing to the research related to these areas.

Cosmoethical Subtleties brings up the question of the applicability of Cosmoethics to intraphysical daily life, based on the analysis of daily routine. The article is relevant because it stimulates the reflection about the quality of our manifestations, according to Cosmoethics, in different situations of daily life, promoting a deeper understanding of the theme.

In *Exposing the Authentic Self* the author performs a self-analysis concerning the difficulties he faced since his childhood to develop his awareness considering social-cultural-environmental factors, personal inclinations, and the manifestation of the *Foreigner Syndrome*. This article shows the importance of self-analysis and of the application of the tools of Conscientiology to the maturing of the integral personality and to the development of the existential program, contributing to the research on the Foreigner Syndrome. This article includes a small glossary with expressions used in the *Applied Conscientiology Course*, aiming at optimizing the comprehension of the text.

In *Experiences of Applied Conscientiology* the author describes her personal experiences, using Conscientiology to understand some facts of both hers and her evolutionary duo's life, driving their evolutionary performances. This account is relevant because it shows some of the evolutionary gains that may be obtained through the application of Conscientiology to a diversity of daily life situations, emphasizing the increase of lucidity and the development of interconsciential assistantiality.

Editorial Council.