Multidimensional Research: Pro-self-discernment Evolutionary Resource

Pesquisa Multidimensional: Recurso Pró-Autodiscernimento Evolutivo

Investigación Multidimensional: Recurso Pro-Autodiscernimiento Evolutivo

Adriana Lopes*

* PhD in Society, Culture, and Borders, with a Master's Degree in Public Health in Border Regions. Graduated in Civil Engineering and Psychology. Postgraduate in System Analysis and Clinical-Institutional Psychology. Volunteer at the *International Association of Interassistantial Parapsychism* (ASSIPI).

lopes.adriana@uol.com.br

Abstract:

This paper addresses the relevance of multidimensional research as a resource to compose and expand one's cognitive baggage capable of supporting success in the exercise of evolutionary self-discernment, aiming to encourage the development of the sense of omniresearch. Based on literature review, research, experiences, and reflections prompted by experiments in conscientiological volunteering, the author proposes five actions motivated by the possible *effects of the association between discernment and evolutionary knowledge,* five endeavours to be implemented based on possible *effects of the association between research and evolutionary knowledge,* and five skills improved through the possible *effects of the association between discernment and research.* As many as 33 distinctions to assist the practice of evolutionary discernment in everyday life are suggested, the proposal of eleven results that can be obtained in thematic investigations, and the indication of seven cognitive sources for research. The paper argues about *the enhancing effects of self--evolution* resulting from the combination of investments in multidimentional research and the improvement of evolutionary discernment.

Resumo:

O artigo aborda a relevância das pesquisas multidimensionais enquanto recurso para compor e ampliar bagagem cognitiva capaz de fundamentar acertos no exercício do autodiscernimento evolutivo, objetivando incentivar o desenvolvimento de senso omni-pesquisístico. Com base em leituras, pesquisas, vivências e reflexões incitadas pelas experimentações no voluntariado conscienciológico, a autora propõe 5 ações motivadas pelos possíveis *efeitos da associação entre discernimento e saber evolutivo,* 5 empenhos implementados a partir de possíveis *efeitos da associação entre pesquisa e saber evolutivo* e 5 aptidões aperfeiçoadas por meio de possíveis *efeitos da associação entre discernimento e pesquisa.* Há a sugestão de 33 distinções para auxiliar a prática de discernir evoluti-vamente no cotidiano, a proposta de 11 resultados passíveis de serem obtidos nas investi-gações temáticas e a indicação de 7 fontes cognitivas para as pesquisas. Argumenta sobre os *efeitos potencializadores da autoevolução* decorrentes da conjugação dos investimentos em pesquisas multidimensionais e no aprimoramento do discernimento evolutivo.

Resumen:

El artículo aborda la relevancia de las investigaciones multidimensionales como recurso para componer y ampliar el bagaje cognitivo capaz de fundamentar aciertos en el ejercicio del autodiscernimiento evolutivo, objetivando incentivar el desarrollo del sentido omninves-tigativo. Basado en lecturas, investigaciones, vivencias y reflexiones incitadas por las experimentaciones en el voluntariado concienciológico, la autora propone 5 acciones motivadas por los posibles *efectos de la asociación entre el discernimiento y el saber evolutivo,* 5 empeños implementados a partir de posibles *efectos de la asociación entre la investigación y el saber evolutivo* y 5 aptitudes perfeccionadas por medio de posibles *efectos de la asociación entre el discernimiento y la investigación.* Hay una sugerencia de 33 distinciones para auxiliar la práctica de discernir evolutivamente en el cotidiano,

la propuesta de 11 resultados posibles de ser obtenidos en las investigaciones temáticas y la indicación de 7 fuentes cognitivas para la investigación. Argumenta sobre *los efectos potenciadores de la autoevolución* que surgen de la conjugación de las inversiones en investigaciones multidimensionales y en la mejoría del discernimiento evolutivo.

INTRODUCTION

Conscientiology. The theatical *corpus* proposed by conscientiology promotes the multidimensionalization of knowledge considered a priority when disseminating concepts, sponsoring experiments, and indicating technical procedures conducive to the verification of consciential multidimensionality, motivating self and heteroresearch on this reality.

Multidimensionality. From the perspective of the consciential paradigm, conscientiological research includes attention to and examination of captured paradata which can guide the investigation or provide parainformation to be evaluated. Therefore, as the paraperceptibility of the researcher conscin is involved, research in the universe of conscientiology can be considered multidimensional.

Foundation. Vieira (1994, p. 87) states about the *effects of the interdimensionalization of knowledge:* "leading-edge multidimensional research is placed as an indispensable foundation for establishing discernment in *the new post-mechanistic scientific phase*".

Casuistry. The author considers the work in the multidimensional research, whilst an important foundation in the development of one's own evolutionary discernment, the result of her quest for understanding the conscientiological worldview and how it can be applied in the analysis of findings.

Objective. This paper aims to argue about the relevance of multidimensional research for the composition and expansion of the knowledge related to consciential evolution, containing data capable of supporting more accurate assessments in the exercise of self-discernment.

Methodology. The text is based on the author's literature review, research, experiences, and reflections prompted by experiments related to the theorice proposed by the neoscience conscientiology, during the tasks of multidimensional assistance performed during conscientiological volunteering.

Source. The author relies on Waldo Vieira's quotes (1932–2015), only Vieira being mentioned throughout the text, as the proposer of this neoscience, so that the primary conscientiological sources can support and expand the reflections and interpretations of her personal experiences.

Structure. According to conformaticology, the paper is structured in three parts:

1. **Self-discernment based on evolutionary cognition.**

2. **Multidimensional research stimulating evolutionary cognition.**

3. ***Multidimensional research–evolutionary discernment synergy.***

I. SELF-DISCERNMENT BASED ON EVOLUTIONARY COGNITION

Definition. *Evolutionary self-discernment* is the ability to distinguish the thoughts, sentiments, actions, relationships, states, and contexts most conducive to consciential progression, favouring greater success in the orientation of one's existence.

Synonymy: 1. Evolutionary self-distinction. 2. Self-evolutionary perspicacity.

Antonymy: 1. Antievolutionary lack of discernment. 2. Regressive anti-discernment.

Lopes, Adriana. Multidimensional Research: Pro-self--discernment Evolutionary Resource.

Conscientia, 28 Supplement 1: 235-245, July, 2024

Actions. According to self-discernmentology, here are, for example, five actions motivated by the possible effects of the association between discernment and evolutionary knowledge, enumerated in alphabetical order, followed by selected orthopensatas:

1. **Acquisition of orthocognition:** the dedication to acquiring elucidative knowledge about one's personal and the group's evolutionary process. Othopensata: **"Wisdom.** Wisdom reaches its **apex** of power and influence through rational self-discernment regarding the evolution of the consciousness**"** (Vieira, 2019, p. 1,786).

2. **Admission of truths:** the pursuit of cognition based on the reality of facts and parafacts. Orthopensata: **"Wisdom.** The first wisdom is knowing how to distinguish the semi-truths from the evolutionary, multidimensional, cosmoethical, cosmovisiological, and priority truths, using **self-discernment"** (Vieira, 2019, p. 1,785).

3. **Application of knowledge:** the daily use of orthocognition to guide our existence in a self-evolutionary direction. Orthopensata: **"Self-discernment.** Self-discernment is **self-wisdom** experienced with self-discrimination between the probable and the unlikely, the best and the terrible, the evolutionary and the regressive, the fact and the version, the reality, and parareality**"** (Vieira, 2019, p. 230).

4. **Hierarchization of knowledge:** the cosmoethical qualification and valuation of knowledge. Orthopensata: **"Discernment:** the personal discernment is the **ruler** that measures the values of the Cosmos**"** (Vieira, 2019, p. 649).

5. **Orthomanifestation of knowledge:** the coherent of self-expression based on admitted orthocognition. Orthopensata: **"Self-discernment.** All types of **wisdom** are expressed through self-discernment**"** (Vieira, 2019, p. 230).

Knowledge. The aforementioned five orthopensatas prompt considerations about the usefulness of employing discernment to build a collection of evolutionary, such as the two listed below in alphabetical order:

1. *Discerning gains us orthoknowledge.* Distinguish the cosmoethical, universalist, fraternal, and priority cognition to the evolutionary moment, to be acquired and expanded regularly.

2. *Discernment: applied self-wisdom.* Identify the decisions most favourable to consciential evolution, based on accumulated evolutionary knowledge, to be implemented in daily life.

Distinctions. Regarding didacticology, here are, for example, 33 suggested differences to assist one in the practice of discernment in daily life, considered challenges to the consciousness interested in upgrading their level of evolutionary success, listed in alphabetical order:

01. **Assistance / Manipulation.**
02. **Better / Worse.**
03. **Brand-new / Outdated.**
04. **Certain / Uncertain.**
05. **Clarification / Indoctrination.**
06. **Consensus / Imposition.**
07. **Consolidated / Ephemeral.**
08. **Discordance / Quarrel.**
09. **Exact / Ambiguous.**
10. **Fact / Version.**
11. **Favourable / Unfavourable.**
12. **Genial / Mediocre.**

13. **Healthy / Pathological.**

14. **Help / Intrusion.**

15. **Ideal / Impractical.**

16. **Identified / Guessed.**

17. **Ignorance / Self-corruption.**

18. **Logical / Illogical.**

19. **Necessary / Superfluous.**

20. **Omisuper / Deficit omission.**

21. **Optimal / Terrible.**

22. **Orthomotivation / Pretext.**

23. **Pacific / Bellicose.**

24. **Plausible / Implausible.**

25. **Potentiator / Inhibitor.**

26. **Priority / Irrelevant.**

27. **Probable / Improbable.**

28. **Prudence / Imprudence.**

29. **Rational / Emotional.**

30. **Real / Imaginary.**

31. **Reasonable / Impossible.**

32. **Right / Wrong.**

33. **True / False.**

Definology. Regarding evolutiology, Vieira (2023, p. 4,569) defines self-discernment, in the homonymous verbet from the *Encyclopaedia of Conscientiology*, as:

> The act or effect of discerning and determining the superior personal capacity to understand situations clearly and accuracy first, and them judge, distinguish, decide, and identify separating the logical from the illogical, the credible from the implausible, the homeostatic from the chaotic, the positive from the negative, the true from the false, the healthy from the pathological, the best from the worse, the ideal from the less than mediocre, the priority from the dispensable, the neophiliac from the neophobic, the brand-new from the outdated, the chaff from the wheat, the rational from the irrational, accuracy from ambiguity, wisdom from courage, and prudence from imprudence, in addition to common sense, good intention, and goodwill, capable of bringing greater accuracy, justice, consensus, and consciential evolution to decision--making and the positioning of the consciousness.

Understanding. The above definition emphasizes the need to first, understand the situation clearly and accurately, to then make better decisions and position oneself better from the point of view of evolutiology. *"To know is to discern"* (Vieira, 2019, p. 476).

Perception. Therefore, to discern correctly is necessary to capture realities with clarity, accuracy, detail, and criticality, with the aim of being able to understand and make satisfactory judgements, avoiding mistakes and increasing the chances of getting it right.

Neo-worldview. From the point of view of consciential evolution, conscientiological worldview provides elements capable of supporting the apprehension and understanding of the multidimensional context under consideration, favouring the differentiation between the evolutionary and the regressive.

Investment. Investing self-efforts in learning, reflecting, and applying the neo-worldview is investing in building a collection of cognitions about consciential progression.

Evolutivity. Orthocognitions form the basis to practice discernment with the purpose of guiding one's own evolution and helping others through claritask. *Orthoknowledge produces orthomanifestations.*

II. MULTIDIMENSIONAL RESEARCH STIMULATING EVOLUTIONARY COGNITION

Definition. *Multidimensional research* is the investigation, thorough search, or methodical and systematic study with the aim of expanding knowledge on a specific topic, through the discovery of new data about realities and pararealities.

Synonymy: 1. Multidimensional investigation. 2. Multidimensional inquest.

Antonymy: 1. Electronotic research. 2. Mystification of multidimensionality.

Commitments. According to researchology, here are, for example, five commitments which can be implemented based on the possible effects of the association between research and evolutionary knowledge, listed in alphabetical order and followed by selected orthopensatas:

1. **Analytical thoroughness:** hyperacuity in identifying indispensable details and minutiae. Orthopensatas: **"Detail. The researcher conscin** never discards the details of big things**"** (Vieira, 2019, p. 632); **"Research. The best research** is persistent and continuous, paying attention to detail. *Many a time, the bad leaf hides the best fruit***"** (Vieira, 2019, p. 1,553).

2. **Cognitive accumulation:** the active, rational, and productive collection of multidimensional evolutionary knowledge. Orthopensatas: **"Script. Research** leads us to mega-knowledge. The accumulation of knowledge leads us to wisdom. There is no other functional evolutionary script in the Cosmos**"** (Vieira, 2019, p. 1,776); **"Wisdom.** The conquest of the greatest human wisdom is achieved by observing a lot, reading a lot, and tirelessly researching, with enough lucidity, **until old age"** (Vieira, 2019, p. 1,786).

3. **Investigative exhaustiveness:** patient, judicious, and disciplined self-determination in the search for answers to research questions. Orthopensatas: **"Deepening.** The mini-understanding of things, in a partial way, generates **pseudo-sages.** All research requires deepening and confirmation**"** (Vieira, 2019, p. 133); **"Researchology.** Research everything, if you can, exhaustively. Knowing the **facts** is always better than ignoring them**"** (Vieira, 2019, p. 1,555).

4. **Multidimensional studiousness:** appreciation for systematic effort to expand cognitive self-baggage. Orthopensatas: **"Cosmos.** Cosmos is phenomenological and inevitably requires uninterrupted **research** to be understood and, in some way, mastered by consciousness**"** (Vieira, 2019, p. 538); **"Megacognition.** We need to read, study, and research continuously. We are all ignorant about the complete, integral **megacognition** that circulates in the Cosmos**"** (Vieira, 2019, p. 1,240).

5. **Technical curiosity:** the healthy, calm, discreet, and proactive interest in acquiring neocognition. Orthopensatas: **"More. He who knows more,** researches more, doubts more, and discovers more**"** (Vieira, 2019, p. 1,209); **"Researchology.** When the **researcher** begins to study, he identifies doubts that motivate the search for answers, leading to new questions**"** (Vieira, 2019, p. 1,555).

Baggage. The 10 above-mentioned orthopensatas prompt considerations about the relevance of research practices in the construction of one's orthocognitive baggage, such as the two listed below, in alphabetical order:

1. ***Findings demand new findings.*** Build a collection of cognitions about any specific aspect of reality to favour the identification of knowledge gaps capable of inspiring neoinvestigations.

2. ***Those who research learn.*** Research in detailed and exhaustive manner through focused observation, judicious reading, and lucid experiences *in order to* achieve a satisfactory understanding of intra and extraphysical realities.

Results. Regarding cognitiology, here are, for example, eleven possible results that can be obtained by carrying out thematic research, listed in alphabetical order:

01. **Complement knowledge:** discovering existing approaches.
02. **Deepen content:** expanding knowledge.
03. **Generate neoconstructs:** the emergence of original ideational associations.
04. **Identify cognitive gaps:** surveying fresh perspectives.
05. **Probe paradata:** the capture of multidimensional information.
06. **Recover cons:** the recovery of intermissive lucidity units.
07. **Reformulate convictions:** the total or partial revision of personal certainties.
08. **Revive memories:** triggering memories on the subject.
09. **Strengthen arguments:** creating a factual and casuistic basis.
10. **Survey vocabulary:** inventory of technical or popular terms in use.
11. **Unravel inspirations:** the expansion of personal or para-assisted neoideas.

Base. Multidimensional research is an important resource for the continuous formation and expansion of the knowledge base on consciential progression. *The more cognition about lucid evolution, the greater the volume of data to support evolutionary discernment.*

Cosmovision. Vieira (2019, p. 538) highlights the role of research in the search for the theatical cosmovision of the conscientiology science.

> **Cosmoresearchology.** Conscientiological research are extremely comprehensive and complex, ranging from the gutter of the baratrosphere consreus to the evolutionary heights of *free consciexes* (FCs). In this way, we will arrive at the **theatical cosmovisiology** of conscientiology, seeking to bring together the ends of realities and events, as the *whole packing* is part of the evolutionary service.

Understanding. Evolutionary cognition derived from multidimensional research on a specific topic expands the understanding of the worldview proposed by conscientiology (neoworldview), such understanding being essential for the interpretation of concepts and experiences under such worldview. *Orthocognitions favour the evolutionary use of studies, observations, and experiments.*

Application. The challenge of applying the conscientiological worldview in daily routine tends to encourage new investigations, new studies, and new experiments in the face of the realization of one's lack of knowledge.

Sources. According to criteriology, here are, for example, seven cognitive sources that can be used depending on need and suitability for the researched topic, listed in alphabetical order:

1. **Conscientiological bibliography:** *composing* a set of evolutionary contents *capable of* producing an overview of the topic from the conscientiological perspective, exposing conceptual connections and expanding the understanding of the neoworldview.

2. **Cosmograms:** *composing* a collection of clippings about facts and cases related to the topic under investigation, *capable of* detailing situations, showing conditions, explaining contexts, and substantiating arguments.

3. **Inforesearch:** *composing* a set of diverse ways of approaching a topic, *capable of* revealing new cognitive sources, verifying words with their specific applications, expanding knowledge, and providing analogies.

4. **Lucid paraexperiences:** *composing* a list of critically analysed paraperceptions, *capable of* recognizing and classifying parapresences, observing interferences and interventions of consciexes, analysing holothosenes, and noticing energetic repercussions.

5. **Researchful perspective:** *composing* a collection of attentive and detailed listening and observations, on a daily basis, *capable of* encouraging reflections, elucidating conditions, complementing cognitions, and exemplifying manifestations.

6. **Sayings:** *composing* a collection of perspectives from other authors and popular uses (locutions, expressions, proverbs, quotations), *capable of* establishing convergences and divergences, instructing on works essential to the study, and providing indications of group thinking.

7. **Specific minivocabulary:** *composing* thematic vocabulary repertoire (definitions, synonyms, antonyms, phrases, cognates, related terms), *capable of* indicating keywords, showing approaches, inspiring new ideas, and portraying common uses.

Parapsychism. Vieira (2019, p. 1,475) highlights the relation between self-discernment and self-parapsychism:

> **Paraperceptiology.** We cannot play with **parapsychic phenomena.** Such parafacts demand permanent research. We must stick with parapsychism on the basis of *one iota is already a big deal,* with the *curved vision behind the hill,* aiming interassistantiology. *Evolutionary Intelligence* (EI) is based on various types of intelligence at the same time, the most serious being paraperceptive or multidimensional intelligence. There's no point a person claiming they have a lot of discernment if they haven't mastered some form of reasonable self-parapsychism.

Parareality. In relation to the above-mentioned quote, it is possible to evaluate the relevance of investing in improving self-paraperceptibility for the increasingly broad and precise acquisition of paradata, to be integrated into the baggage with pro-self-discernment cognitions.

Reducer. Vieira (2007, p. 578 to 639), in the treatise *Homo sapiens pacificus,* lists 100 pathological conditions considered to reduce or degrade self-discernment.

Expander. In contrast, multidimensional research can be considered among the expanders of self-discernment as it comprises the baggage of evolutionary cognitions, kept revised and expanded as a result of new research, making it possible to expand the understanding of evolutionary dynamics, as well as support interpretations of self-experiences from the conscientiological perspective.

III. *MULTIDIMENSIONAL RESEARCH–EVOLUTIONARY DISCERNMENT SYNERGISM*

Definition. *Multidimensional research–evolutionary discernment synergy* is the set of *effects potentiating self-evolution* resulting from the combination of investment in investigative practices and the exercise of evolutionary discernment capable of promoting mutual improvement.

Synonymy: 1. *Multidimensional investigation–evolutionary distinction synergy.* 2. *Interdimensional investigation–evolutionary perspicacity synergy*.

Lopes, Adriana.   Multidimensional Research: Pro-self-
-discernment Evolutionary Resource.

Conscientia, 28 Supplement 1: 235-245, July, 2024

Antonymy: 1. *Pathological guesswork–indiscernment synergy.* 2. *Pathological parapsychic mythification–acriticism synergy.*

Skills. According to synergismology, here are, for example, five skills that can be improved through the possible effects of the association between discernment and research, followed by selected orthopensatas, listed in alphabetical order:

1. **Comprehensibility:** assessing the volume of findings required to support the intended understanding. Orthopensata: **"Research.** Only **great research** provides great insights**"** (Vieira, 2019, p. 1,554).

2. **Effectiveness:** choosing the best approach to achieve the desired response. Orthopensata: **"Questioning.** The **question,** even when well-formulated and well-intentioned, can nevertheless be misplaced. It takes common sense, or better yet, self-discernment, even to make small theoretical approaches in the research universe**"** (Vieira, 2019, p. 1,682).

3. **Priority:** defining the most essential, productive, and feasible investigation in the existential context. Orthopensata: "**Self-discernment.** Those who have **self-discernment** do not research *earthworms in concrete***"** (Vieira, 2019, p. 228).

4. **Resolvability:** identifying findings with the potential to satisfactorily answer the research question. **"Finding.** *Curiosity seeks. Self-discernment finds***"** (Vieira, 2019, p. 52).

5. **Selectivity:** recognizing useful and reliable cognitions. **"Knowledge.** Knowing about a subject or object is very relevant to consciential evolution, but still, this is not everything, it also matters to know the best accessible **research sources** on that subject or object. This is how *science* is expressed**"** (Vieira, 2019, p. 1,788).

Interaction. The five orthopensatas mentioned above raise considerations about the synergistic interaction between evolutionary self-discernment and multidimensional research, such as the two listed below, in alphabetical order:

1. *Research supports discernment.* Compose an evolutionary database continually that is continually revised and expanded (gathering of facts, parafacts, terms, approaches, arguments); revive memories; retrieve cons; elucidate and deepen the orthoinspirations that arise.

2. *Self-discernment guides research.* Know how and where to collect more reliable data (selection of cognitive sources; examination of the validity of the information); identify useful and priority topics to be investigated; verify and reevaluate convictions based on new findings; recognize para-assisted inspirations.

Guesswork. The absence of research keeps the personal cognitive repository stagnant, without new entries or with insertions of unverified, often untrue information, tending to lead to misguided decisions. This condition is aggravated by the widespread dissemination of *fake news* in contemporary times (Base Year: 2023).

Synergy. *The work of evolutionary discernment and multidimensional research* act together, in synergy, because to *identify the best* for consciential evolution, cognitions about what is *considered the best* are necessary.

Self-discernment. *Evolutionary self-discernment* supports the questioning about what is *considered the best,* and *multidimensional research* maintains data collection capable of providing elements for defining and redefining what is *considered the best.*

Collection. Regular research supports an updated and constantly expanding personal cognitive collection, guided by self-discernment to insert more reliable data, as well as to review it as a result of new research findings.

Finding. Given the research findings, it is worth discerning, for example, five possible conditions related to self-conviction about what is *the best:*

1. **Expands:** the *finding* expands *self-conviction.*
2. **Updates:** the *finding* partially revises *self-conviction.*
3. **Complements:** the *finding* fills a gap in *self-conviction.*
4. **Corroborates:** the *finding* confirms *self-conviction.*
5. **Refutes:** the *finding* discards *self-conviction.*

Reliability. A personal database with satisfactory reliability supports the exercise of self-discernment in the face of everyday impasses. *The greater the collection of reliable cognitions, the greater the capacity to understand the realities under evaluation, and the greater the possibility of carrying out evolutionarily correct actions.*

Accuracy. Therefore, the collection of orthocognitions, created and maintained by research work, can support assessments of evolutionary self-discernment, and thus favour the choice in daily life for *better actions, decisions, positions, and interpretations of realities and pararealities.*

FINAL CONSIDERATIONS

Paper. This paper addressed multidimensional research as a technical resource with the potential to expand evolutionary self-discernment.

Foundation. *Researching multidimensionally* means informing oneself about consciential evolution, seeking to collect data and paradata to support evolutionary self-discernment.

Answers. *Evolutionary discernment* is essential to formulate research questions appropriate to achieving the desired answers, as well as for the thorough and critical assessment of findings.

Benefits. Thus, the combination of investment in multidimensional research and the improvement of evolutionary self-discernment provides the discovery of neoknowledge with the potential to benefit everyone, as it helps to identify evolutionary paths.

Values. Evolutionary neocognitions tend to lead to the definition of orthovalues to be adopted and prioritized in the conduct of one's existence. *Value: deep-rooted self-conviction. Orthovalues: evolutionary drivers.*

Resource. It is concluded that multidimensional research is an important resource that favours evolutionary self-discernment, as it comprises a wealth of knowledge capable of assisting in the understanding and daily application of a neoworldview, allowing a conscin to distinguish, experience, and fraternally expose to interested parties what is most conducive to consciential progression.

Sense. The arguments aim to encourage the development of a *omniresearch sense,* considered relevant for enhancing the ability for evolutionary discernment. *Sense*: *manifest self-discernment. Orthosenses: theatical orthocognitions*.

Ponderations. According to *omniresearchology,* it is worth to ponder on the orthopensata: **"Knowledge.** Those who *behold* know little. Those who read and **reflect** know more. Those who *research* always know much more"** (Vieira, 2019, p. 1,787).

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Lopes, Adriana. Multidimensional Research: Pro-self-
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Conscientia, 28 Supplement 1: 235-245, July, 2024

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Lopes, Adriana.   Multidimensional Research: Pro-self--discernment Evolutionary Resource.

Conscientia, 28 Supplement 1: 235-245, July, 2024