



An Experience with Energetic Junk

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Introduction. This article reports a real fact that my family and I experienced in the year of 1998. Its objective is to enlighten intraphysical consciousnesses - who have decided to perform Penta through permanent multidimensional *rapport* - about the level of responsibility and maturity required to perform the practice of assistantiality based on the leading-edge relative truths of Conscientiology and Projectiology.

Decision. In February 1998, after I finished writing a book in the area of Conscientiology, I decided to schedule for August of that year the beginning of my practice of Penta - personal energetic task.

Course. During a course that I participated in, in February of that same year, I mentioned a small incident that had happened at my home, a few days before the course: The door of the closet to my daughter's bedroom had fallen on the ground for no apparent reason, almost causing an accident. It was suggested to me then to look very carefully and with attention around her room, where there could be something, some negative object, working as an element of *rapport* with intruders. The idea was to perform an energetic tracing, trying to uncover what had caused that small accident.

Socializing. Back at my home, I performed the tracing and did not recognize anything. I exteriorized energies, tried to feel the setting, but there were too many objects and details in the bedroom, and I did not find out anything. Social life caused me to forget the matter. I returned to my daily life and forgot to look any further for the object. At the time, I was worried about college, with the beginning of the school year for my kids and other things, so that I completely forgot what I had been told.

Mishaps. From February to May, many signifi-

cant changes occurred in my life, all of them very positive, and I realized that I was both preparing myself and being prepared by the helpers to start the practice of Penta. However, in May something happened that made me stop and think deeply about the commitment I was about to undertake with the multidimensionality: While next to me, my daughter, 2 years old then, fell on the ground and broke her arm. She did not only fall, she flew to the ground as if someone had pushed her. I immediately realized that I had failed somewhere. I tried not to be nervous, took her in my arms and gave her to her father.

Environmental asepsis. When they left for the hospital, I immediately walked into her bedroom and started to exteriorize energies. I tried to stay calm, but I could not stop crying. I needed to take deep breaths and perform some BMEs (basic mobilization of energies). After a few minutes I calmed down and, trying to increase the affinity with the helpers, I tried to discover what was behind the accident.

Energetic junk. Half an hour later, my sister walked into my daughter's bedroom and decided she would tidy it up, performing a complete clean up. She was also deeply stressed, and wanted to help somehow. After a few minutes she handed me a small weapon, very old, with a handle in mother-of-pearl. She told me she had found that "junk" next to my daughter's suitcase, on the top of the closet. The weapon belonged to a deceased relative, who used to be very attached to her belongings.

Determination. Even though I was emotionally shaken, I grabbed the weapon, went to a bridge, and threw it into the sea. Later, I sought for the help of an acquaintance with more experience on multidimensional interactions. I was worried about my

children, with my lack of attention, and I did not know what to do at that moment.

Clarification. When I told him what happened, I was mentalsomatically scolded. This scolding made me think, with more maturity, about the trinomial assistantiality-organization-prioritization. I was then informed about the need to be more attentive and the responsibility with the multidimensionality, especially because I had already been warned about that *energetic junk*.

Responsibility. This experience did not make me give up Penta. On the contrary, it increased my responsibility, my organization, and the quality of my cosmoethic towards the assistantial task. Before starting Penta I removed from my home all objects that could be considered dangerous: large or pointed knives, old swords that I had received from my relatives, and I put away scissors and objects in general. From small needles up to the type of closet doors, everything was modified.

Conclusion. Fortunately or unfortunately, my daughter had to “pay a toll”, when I decided to face my responsibility towards the existential program. It is necessary that we, multidimensional intraphysical consciousnesses, dedicated to the clarification task, have more discernment in respect to actions related to tasks that we wish to perform. During the courses that I participated in, the idea about organization and attention was reinforced as fundamental attributes for consciential evolution.

Meditation. Why do we often hear these guidelines, but postpone practicing these postures, so essential to a healthy cosmoethical life? Why do we still tolerate such a level of self-corruption?

Vieira¹ considers that:

“The more organized your life is, less difficult the conviviality with the helpers will be. This is the correct sequence to couple with the helper: discipline, organization and balance. Intruder is connected to: anarchy, entropy and disorder”.

I believe that the lack of prioritization is directly connected to this level of self-corruption that refrains the consciousness from walking side by side with the helpers. It is of no use to have an organized home and keep a collection of firearms in the closet. It is of no use, either, to perform Penta and not to be an organized consciousness. Organization without priorities blocks the high level assistantiality. How about reflecting on this? Is there any logic in what I am saying?

1. VIEIRA, W. *Curso amparador-amparando*. Personal notes, Rio de Janeiro, 1999.