

Initial Proposal for the Synoptic Table of the Recexology Specialty

Proposta Inicial do Quadro Sinóptico da Especialidade Recexologia

Propuesta Inicial del Cuadro Sinóptico de la Especialidad Recexología

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Palavras-chave

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Palabras-clave

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Abstract:

The objective of this paper is to describe the steps taken and the methodology used for the initial proposal of the synoptic table of recexology. Methodology: scope review developed from the identification and quantification of the gescons produced within the recexology specialty, followed by the qualitative characterization of the knowledge produced and analysis of the research findings. The initial survey used the descriptors “recexology” and “recexis”, having as a guiding factor the *recycler’s goals in their performances*. The research thus carried out rendered the identification of 14 books, 86 verbets, 64 papers, 18 publications in journals, 11 interviews, and 7 papers, used as a basis for the proposal of the subspecialties of recexology, which make up the 1st logical order. After analysing and discussing the main topics identified, the researchers of the *Invisible College of Recexology* concluded the outline of the synoptic table of the specialty, constituting a starting point for their Research Program.

Resumo:

O objetivo do artigo é descrever as etapas percorridas e a metodologia utilizada para a proposta inicial do Quadro Sinóptico da Recexologia. Metodologia: revisão de escopo desenvolvida a partir da identificação e quantificação das gescons produzidas dentro da especialidade Recexologia, seguidas da caracterização qualitativa do conhecimento produzido e análise dos achados pesquisísticos. As buscas iniciais foram realizadas por meio dos descritores “Recexologia” e recéxis, tendo por fator orientador as *Metas do Reciclante nas suas Performances*. A busca realizada a partir dos descritores citados permitiu a identificação de 14 livros, 86 verbetes, 64 artigos, 18 publicações em jornais, 11 entrevistas e 7 *papers*, utilizados como base para a proposta das subespecialidades da Recexologia, que compõe a 1^a ordem lógica. Após análise e discussão dos principais temas identificados, os pesquisadores do *Colégio Invisível da Recexologia* concluem o esboço do quadro sinóptico da especialidade, constituindo ponto de partida para o seu Programa de Pesquisa.

Resumen:

El objetivo del artículo es describir las etapas recorridas y la metodología utilizada para la propuesta inicial de Cuadro Sinóptico de la Recexología. Metodología: revisión del escopo desarrollado a partir de la identificación y cuantificación de las gescons producidas dentro de la especialidad Recexología, seguidas de la caracterización cualitativa del conocimiento producido y análisis de los descubrimientos investigativos. Las búsquedas iniciales fueron realizadas por medio de los descriptores “Recexología” y recexis, teniendo como factor orientador las *Metas del Reciclante en sus Performances*. La búsqueda realizada a partir de los descriptores citados permitió la identificación

de 14 libros, 86 entradas enciclopédicas, 64 artículos, 18 publicaciones en periódicos, 11 entrevistas y 7 *papers*, utilizados como base para la propuesta de las subespecialidades de la Recexología, que compone la 1ª orden lógica. Después del análisis y discusión de los principales temas identificados, los investigadores del *Colegio Invisible de la Recexología* concluyen el boceto del cuadro sinóptico de la especialidad, que constituye el punto de partida para su Programa de Investigación.

INTRODUCTION

“The development of conscientiology specialties is a group work, carried out in teams, in a procedural and growing manner, based on the progressive and consensual theoretical-methodological qualification of a given area of conscientiology research” (Zaslavsky, 2021, p. 1).

The first stage of developing and structuring a specialty is the organization of the knowledge produced within the scope of the area, carried out through conscientiological literature review, and the identification and quantification of the gescons produced up to a given moment.

The second stage is the qualitative characterization of the knowledge produced, aiming to identify the priority research topics of the specialty, also called thesaurization. The third stage involves proposing the specialty’s research program, with the objective of advancing the production of knowledge, focusing on the identified priority topics.

From 2010 onwards, the *Invisible College of Recexology* (ICR), in continuity with the activities developed by the *Group of Existential Recyclers* (Grecex-SP, Brazil, 1993–2004), began to develop theoretical studies aimed at identifying and understanding the basic concepts of the specialty, establish clear objectives, goals, and research methodology, seeking to develop and expand research in the context of a work group, based on each researchers’ self-experience.

This paper aims to describe the steps taken and the methodology used for the initial proposal of the Synoptic Table of Recexology, deepening the worldview of interassistentiality together with other specialties of conscientiology.

The research method used was a thorough literature review which maps and describes the knowledge produced on a topic.

The paper is structured in four sections, as follows:

1. Concepts, Contextualization, and Facts.
2. Initial Sketch of the Synoptic Table of Recexology.
3. List of Subspecialties Proposed for Recexology.
4. Discussion of the Research Findings.

1. CONCEPTS, CONTEXTUALIZATION, AND FACTS

Vieira (2007, p. 976) defines: “*Recexology* is the specialty of conscientiology applied to the study of the philosophy, technique, and practice of recexis, or *existential recycling*, constituting a profound change for the better in the evolutionary course of intraphysicality, starting with recin, or intraconsciential recycling”.

Being a subspecialty of intraphysiology and according to the criteria used by researcher Waldo Vieira (1932–2015), recexology is in the 6th logical order of the *Synoptic Table of Conscientiology*, at the time, composed of 70 specialties (Vieira, 2009, p. 37 to 39).

For the current paper, the applicable conscientiological bibliography was reviewed and the researchers sought to identify, quantify, and describe the research topics explored in the gescons produced in the specialty,

followed by the qualitative characterization of the knowledge produced and analysis of the research findings, aiming to compose the initial proposal of the synoptic table of the specialty.

The initial searches were carried out using the descriptors “Recexology” and “recexis”, used to identify books, verbets, articles in newspapers, papers and others, in accordance with the *Recycler’s Goals in their Performances* (Vieira, 1994, p. 684).

This survey made it possible to identify 14 books, 86 verbets, 64 papers, 18 newspaper publications, eleven interviews, and seven papers on the subject of recexology, which made up the 1st logical order of the synoptic table. After analysis and discussion of the main topics identified, researchers from the *Invisible College of Recexology* (ICR) developed the initial proposal for the synoptic table of the specialty.

On the other hand, it is relevant to bring the definition of the three specialties proposed for the 2nd logical order of the *Synoptic Table of Recexology*: depertology, complexiology, and robexology, included in the perspective of recexology.

The definitions of these specialties, followed by references with complement and exemplification of one justifying fact are presented below.

DEPERTOLOGY

Definition. “*Depertology* is the specialty (of conscientiology) that studies the deperticity, or the consciential evolutionary quality of the deperto human being; a being who no longer suffers from pathological interconsciential intrusion and all the harmful evolutionary consequences of such uncomfortable condition. It is a subfield of conscientimetrology (holomaturology)” (Vieira, 2009, p. 39).

Complement. According to Vieira (2017, p. 11), “Whichever your proexis might be, your goal will be to achieve deperticity, if you are not yet a deperto being”.

Fact. According to Alves & Fonseca (2014, p. 134), “There are conscins inserted with the existential recycler profile who have assumed, or have recently been assuming the condition of deperticity, since the 1st edition of the *Deperticity Acceleration Program* (PROAD)”.

COMPLEXIOLOGY

Definition. “*Complexiology* is the science focused on systematic, technical, theatrical studies or research and experience of existential completism (complexis), the comfortable condition of the human consciousness who managed to achieve completeness or the satisfactory execution of their proexis – acts, manifestations, and works which had been planned in advance during the intermissive period”¹.

Complement. “**Completest conscin** is one who arrives at their desoma with more positive achievements than cancellations of their evolutionary plans and projects” (Vieira, 2019, p. 201).

Fact. A conscin with the profile of a recycler who fits this condition was the penta practitioner Sérgio Musskopf (1952–1998), mentioned as a desomant in the verbet *Exemplologia* (Exemplology) in the *Dictionary of Arguments of Conscientiology*, as a consciousness that for this reason stands out. See Vieira (2019, p. 664): “Desomant: Penta practitioner Sérgio Musskopf (1952–1998)”.

ROBEXOLOGY

Definition. “*Robexology* is the science, technical and paratechnical studies, and research applied to the quality, condition or state of puppet of the tropospheric conscin; one without freedom of action and excessively enslaved to geoenergy, intraphysicality, or four-dimensionality”¹.

Complement. “A **people**, in fact, is made up of intellectuals and the *crowd* of existential robotization (robexis), including consreus” (Vieira, 2019, p. 1,596).

Fact. Robotized conscins are those who manifest themselves with a low level of cosmoethics, with a predominance of the abdominal sub-brain, guided by the ephemeral values of Socin and in this context, among others, are the consreus and consbels, in general with profiles of existential recyclers, groupkarmic interprisoners, often bonded with intruders, but with the potential to make an evolutionary turn and initiate recexis.

2. INITIAL SKETCH OF THE SYNOPTIC TABLE OF RECEXOLOGY

Based on the facts previously discussed and the research findings resulting from the conscientiology literature review, the *Synoptic Table of Recexology* is proposed below.

TABLE 1. INITIAL SKETCH OF THE SYNOPTIC TABLE OF RECEXOLOGY

1 st Logical Order	2 nd Logical Order	3 rd Logical Order	4 th Logical Order	5 th Logical Order	6 th Logical Order
Recexology	Depertological Recexology	Self-deintrusiological Recexology	Parapsychic Recexology	Pentological Recexology	
				Projective Recexology	
				Retrocognitive Recexology	
				Signaleticological Recexology	
				Self-defenceological Recexology	
		Theatrical Recexology	Self-experimentological Recexology	Self-researchological Recexology	Conscientiometric Recexology
					Paratherapeuticological Recexology
					Self-Didaticological Recexology
		Mentalsomatic Recexology	Disbeliefological Recexology	Axiological Recexology	Self-effortological Recexology
		Recomposiological Recexology	Interassistential Recexology	Conscientiographic Recexology	Grecoxology
	Group-researchological Recexology				
	Complexiological Recexology	Proexological Recexology	Methodological Recexology	Contributiological Recexology	Bottleneckological Recexology
				Recexometrology	Self-organizational Recexology
		Objectivological Recexology	Neoroutinological Recexology	Maxidissidentiological Recexology	Self-decidological Recexology
		Antidetourological Recexology			
		Megarecexology	Evolutiorecexology	Recyclological Recexology	Self-cosmoethicological Recexology
		Thosenological Recexology	Recinological Recexology		
		Holosomatological Recexology	Holomaturological Recexology		
			Chronorecexology	Priority Recexology	Self-recexology
	Robexology	Mimeticological Recexology	Immaturological Recexology	Anti-recexology	Sub-brainological Recexology
Egokarmic Recexology			Interprisiological Recexology	Thick-skinological Recexology	

To facilitate understanding, the criteria adopted for naming recexological subspecialties follows.

CRITERIA NAMING THE AREAS OF RECEXOLOGY

Chronorecexology, recexometrology, axiological recexology, thosenological recexology are new propositions of areas inserted in the Synoptic Table of Recexology.

The areas of recexology formed by the prefixes *anti*, *chrono*, *evolutio*, *mega*, and *self*, besides grecexology were all considered.

Due to the existence of the specialties *conscientiographic recexology* (Daou, 2023, p. 28,393), priority recexology (Vieira, 2014a, p. 1,054), and mentalsomatic recexology (Vieira, 2023, p. 23,872), the ICR team opted for standardization by considering the word recexology as a noun accompanied by another specialty as an adjective.

3. LIST OF SUBSPECIALTIES PROPOSED FOR RECEXOLOGY

Here are the 56 specialties included in the *Synoptic Table of Recexology* and their respective study scopes, listed in alphabetical order:

01. Antidetourological Recexology: studies and/or theatrical research about what means a recycling conscin achieving what is priority, performing a confrontation and prophylaxis of antievolutionary detours.

02. Antirecexology: study about what can postpone personal extraconscinial recycling and recins.

03. Axiological Recexology: study and/or research of the new values adopted by a recycling conscin.

04. Bottleneckological Recexology: studies and/or research of the temporary impediments of personal or group evolution, requiring the intensification of effort to overcome the obstacles existential recyclers face.

05. Chronorecexology: studies and/or evaluative research of the application of the *recexis technique*, according to the age group of the existential recycler.

06. Complexiological Recexology: studies and/or research of the existential recycler regarding their experiences with existential completism (complexis).

07. Conscientiographic Recexology: technical studies and/or research of actions capable of changing the intraconscinial reality of a recycler conscin, based on the conscientiological writing of papers, verbets, books, or claritaskal treatises.

08. Conscientiometric Recexology: studies and/or research of an existential recycler related to the set of rules for the metrics of “the whole” consciousness, done by using the *Conscientiogram* book.

09. Contributionological Recexology: studies and/or research of the direct return, distribution, or fraternal contribution an existential recycler can do, considering the evolutionary inputs also received in their human existence.

10. Depertological Recexology: studies and/or research about the conditions, procedures, and techniques capable of functioning as facilitators or optimizers enabling the recycler conscin to reach the state of deperticity.

11. Disbeliefological Recexology: technical studies and/or research of the condition or character of authenticity of facts and/or parafacts, discarding any posture or stance of gullibility on the part of the existential recyclers.

12. Egoarmic Recexology: Study and research of the condition of the relationships between the principles of cause and effect, or law of action and reaction, when exclusively based on one’s ego, applied to recexis.

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13. *Evolutionarecexology*: studies and/or research of the percentage of evolution of the existential recycler, from the application of the *recexis technique*.
 14. *Greecexology*: study of the practices and/or theatrical research of the preparation and/or planning of using the *existential recycling technique* by members of a Group of Existential Recyclers (Grecec).
 15. *Groupkarmic Recexology*: studies and/or research of the relationships, or principles of cause and effect acting on the evolution of existential recyclers when based on their respective evolutionary groups.
 16. *Group-researchological Recexology*: technical transdisciplinary studies involving theatrical group production of knowledge about recexology, made by consciencentric teams or organisms, namely the ICR.
 17. *Holomaturological Recexology*: studies and/or research of the quality, condition, or character of the holomaturity of lucid existential recyclers.
 18. *Holosomatic Recexology*: studies and/or research of the process of transition of a recycler conscin from the predominance of their manifestation through the psychosoma to the predominance of their action guided by the mentalsoma.
 19. *Immaturological Recexology*: studies and/or research of the lack of maturity of a recycler conscin distant from the evolutionary process.
 20. *Interassistential Recexology*: studies and/or research of the transition from consoltask to claritask in the interassistential practices of the existential recycler.
 21. *Interdependentiological Recexology*: studies and/or research of the harmonious experiences of conviviality between recycler conscins and all other consciousnesses.
 22. *Interprisonological Recexology*: studies and/or research of the effects of anticosmoethical joint actions which generate the condition of groupkarmic inseparability from the perspective of an existential recycler.
 23. *Maxidissentological Recexology*: studies and/or research of ideological dissent within the scope of any knowledge incompatible with the consciencial paradigm, applied to recexis.
 24. *Megarecexology*: studies and/or research of the quality, condition, or character of maximum intraconsciencial and extraconsciencial recycling of consciousnesses.
 25. *Mentalsomatic Recexology*: studies and/or research of the process of one's transition from the predominance of using the brain to using the parabrains, when applied to recexis.
 26. *Methodological Recexology*: studies and/or research of the scientific methodology used in investigations in the field of recexology.
 27. *Mimeticological Recexology*: technical studies and/or research of the necessary or unnecessary repetitions and imitations of past existences and their consequences by an existential recycler, preserving the salutary aspects and replacing the pathological mimesis.
 28. *Neoroutinological Recexology*: studies and/or research about the breaking with dysfunctional existential routines to facilitate the used of the *recexis technique*.
 29. *Objectivological Recexology*: specific studies and/or experiences of the goal, scope, or megafocus of a lucid existential recycler.
 30. *Parapsychic Recexology*: studies and/or research of the use of bioenergetic techniques and practices, and the experience of the phenomena that occur beyond the physical senses, applied by an existential recycler.
 31. *Paratherapeuticological Recexology*: studies and/or research of existential recyclers as to the process of transition from partial (somatic) self-healing to holosomatic self-healing, using the resources of conscienciotherapy.
 32. *Pentological Recexology*: studies and research of the progressive and continuous qualification of a penta practitioner conscin, preparing such existential recycler to, in the future, instal their offiex.

33. Priority Recexology: technical studies and/or research of the acts and effects of the evolutionary prioritizations of an existential recycler.

34. Proexological Recexology: studies and/or research of the intraphysical programming of the proexis, or the resumption of the proexis of an existential recycler.

35. Projective Recexology: studies and/or research of the changes for the better of an existential recycler generated by lucid projection, in addition to energetic projections outside the holosoma.

36. Recexometry: technical and theatrical studies and/or research of the qualitative realistic technical measurement of a conscin's self-performance when using the *recexis technique*.

37. Recinological Recexology: studies and/or research of the assertive, priority, and essential recins made by a lucid existential recycler.

38. Recompositiological Recexology: studies and/or research of recompositions, reconciliations, adjustments, and evolutionary successes of a recycler conscin as to the condition of groupkarmic interprison, considering the law of cause and effect.

39. Recyclological Recexology: studies and/or research of the various cycles of a recycler's self-overcoming using the *recexis technique*.

40. Retrocognitive Recexology: studies and/or research applied to the access, past experiences or events inserted in the holomemory of a recycler conscin.

41. Robexological Recexology: technical and paratechnical studies or research applied to the quality, condition of resomated consreu, or state of puppet of a tropospheric conscin who is not free to act due to being excessively enslaved to geoenergy and intraphysicality but having the potential to get out of this condition and start extraconsciential recycling and possible recins.

42. Self-cosmoethical Recexology: studies and/or research of an existential recycler's experiences of their cosmoethical principles and values, subject to continuous and progressive qualification.

43. Self-decidological Recexology: studies and/or research of the action, determination, or deliberation of a conscin regarding their personal recycling based on pondering and critically judging self-resolutions.

44. Self-defenceological Recexology: studies and/or research of recycling conscins placing themselves in a protective, cosmoethical condition when getting in touch with the harmful energies of environments and pathological thosenations in general.

45. Self-deintrusiological Recexology: studies and/or research about the theorice self-deintrusion of a recycler conscin.

46. Self-didacticological Recexology: studies and/or research about the personal and/or group evolution of a recycler conscin, capable of instructing themselves without direct teachers.

47. Self-effortological Recexology: studies and/or research of the personal and group pro-evolution self-effort made by a recycler conscin.

48. Self-experimentological Recexology: specific studies and/or research of the personal experiences recorded by an existential recycler.

49. Self-organizational Recexology: personal studies and/or research favouring self-structuring in different areas of life, aiming at recexis.

50. Self-recexology: study of the technical, internal, and external recycling planned and carried out by a recycler conscin.

51. Self-researchological Recexology: studies and/or research of a consciousness by itself, with the use of all resources and research instruments available in its consciential microuniverse and in the Cosmos, applied to recexis.

52. Signaleticological Recexology: studies and/or research of the existence, identification, record, and self-conscious use of personal animic, energetic, and parapsychic and very personal signals which can be decoded by a recycler conscin, when related to the use of the *recexis technique*.

53. Sub-brainological Recexology: studies and/or research of the reasons that lead a resomated consreu with a recycler profile, to act primarily through the abdominal sub-brain, aiming at self-recycling and self-overcoming.

54. Theatrical Recexology: specific, systematic studies, or research of the theatrical experiences of a recycler conscin's planning, evaluation, and execution of the *recexis technique*.

55. Thick-skinological Recexology: studies and/or research of the characteristics of a recycler thick-skin conscin regarding their parapsychism.

56. Thosenological Recexology: technical studies and/or research of the existential recycler's thosenes in pursuit of orthothosenity.

4. DISCUSSION OF THE RESEARCH FINDINGS

The initial proposal of the Synoptic Table of Recexology was organized based on conscientiological literature review, aiming to achieve the following goals: deperticity and complexis.

When creating the synoptic table, pathological aspects and possible detour factors which could hinder the application of the *recexis technique* and consequently delay or make impossible the achievement of advanced goals were also considered.

Pathological aspects should also be studied, as a way of preventing proexological detours, indicating important needs for recycling which are not always identified by the conscins excessively involved in the pressures of mesology and robexis.

Depertological Recexology depends on the prior development of a series of recyclings which can be observed in the other logical orders. In the 3rd logical order, Self-deintrusional Recexology, Theatrical Recexology, Mentalso-matic Recexology, Recompositiological Recexology, Groupkarmic Recexology, and Chronorecexology indicate areas of investigation that need to be understood and overcome on the path to Deperticity.

From the subspecialties of the 3rd logical order derive other more basic subspecialties and so on, all essential for the development of the recycling necessary to achieve Deperticity.

Complexiological Recexology also depends on other subspecialties to be studied by the recycler interested in achieving Complexis. Proexological, Objectivological, Thosenological, Holosomatic Recexology, and Megarecexology make up the 3rd logical order, indicating essential subspecialties for understanding and reaching the Complexis, deriving others, which also contribute to the reach of this area, and other more advanced.

The pathological aspect, on the other hand, also appears in the Synoptic Table of Recexology, with the robexology subspecialty, which should also be studied. It is important to know and explore the reasons that hinder the access of resomated consreus, practitioners of existential robotization, or robexis, nevertheless with the profile of existential recyclers.

From this perspective, in the 3rd and 4th logical order, Mimeticological, Immaturological, and Egokarmic Recexology are observed, which can represent existential "killers" and from which other more basic specialties

such as Antirecexology, Interprisiological Recexology, Sub-brainological Recexology, and Thick-skinological Recexology are derived, indicating possible aspects to be studied and overcome using the *recexis technique*.

This study has limitations which should be pointed out. The decision to restrict the survey to the term “recexology” may have excluded materials relevant to the specialty, linked to terms such as *recin*, *recycling*, *self-overcoming*, *re-education*, *resocialization*, among others. However, it was decided to concentrate the searches in the terms “recexology” and “recexis” representing more directly the specialty and due to the large volume of productions available in the area, which would not be possible to analyse in the time available to prepare this work.

CONCLUSIVE ARGUMENTS

The authors, when presenting the proposed for a Synoptic Table of Recexology, organized knowledge produced by the specialty to date (Base-year: 2024), and thus, hope to have paved the way for future studies, strengthening the *corpus* of knowledge of the specialty.

This is an initial proposal, open to discussion and improvement by theatrical researchers of the *recexis technique* and by the entire *International Cosmoethical Conscientiological Community* (ICCC).

As this *synoptic table* is an initial sketch, it can be considered the first important step in the development of the specialty, constituting a starting point for the Recexology Research Program and its advancement as a conscientiological specialty.

Finally, it is added that in addition to the authors of this paper, other researchers from the *Invisible College of Recexology*, mentioned in Notes², also participated.

NOTES

1. Definitions were extracted from the *Dicionário de Especialidades da Conscienciologia* (Dictionary of Specialties of Conscientiology) currently under construction and available at: <<https://especialidades.dicionario.space/index.php/>>; accessed on: 05/03/2022; at 10.45 pm.

2. In addition to the authors of this paper, currently (Base-year: 2024) the following researchers are part of the CIR: Albani Munaretti, Almir de Souza Carvalho, Ana Cláudia Bortolozzo, Antonio Siqueira, Eunice Gomes, Jacinta dos Santos, and Tomoyoshi Yamada, whom the authors who signed this paper thank for their contributions in the analysis and improvement of the initial proposal of the *Synoptic Table of Recexology*.

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