

INVERTOR EXPERIENCE IN FINLAND

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When I meet conscientiology researchers, I am often asked about my experience as an Invertor in Finland. Even though I should already have enough experience to respond to that question, the answer is not simple and straight forward, because the experience of an Invertor (and any Conscientiologist for that matter) is always multifaceted, multidimensional and multiexistential. In order to share my experience in Finland, I need to firstly talk about my experience in Europe and also my experience in the intermissive course that led to this moment in time. My experience in Finland is a snapshot in time and is the result of many other prior occurrences. Let me take you on a multidimensional journey, that led me half around the world.

I resomated in Vienna, Austria in 1991, and grew up in a small village in the country-side. I didn't have any parapsychic experiences as a child, I was quiet, shy and mostly kept to myself. I somehow didn't feel that I belonged with the other kids and didn't share their interests. However, my mother's interest in ghost stories and paranormal phenomena started fascinating me from an early age. At the age of 12, during a bad phase of violent bullying in elementary school (as I simply could not fit in with the others), I started developing a deep fondness for and longing to move to Finland. It was hard to explain to anyone, but looking at the pictures and the landscapes of that country made me feel safe, like it was my home. So, a 12-year old Melanie told her parents that she'd move to Finland when she was grown-up. During the recovery phase of the bullying experiences a distant relative introduced me to the law of attraction with the book "The secret". I read the book in one evening and was absolutely fascinated by the concept of bioenergies. One book led to another book and started my quest to find out more.

During my teenage years I had my first OBE's and retrocognitions, which I only could identify later on through my research. My first lucid OBE happened when I was 15 after I had found a simple relaxation technique online. That experience changed my life but also caused sleep paralysis, which at that time frightened me too much to continue. At 19 years of age I finally moved to Helsinki and "fulfilled my life's dream", which felt fantastic at first but which very quickly put me into a very early identity crisis. So, I had fulfilled my life's dream, at 19. What should I do now? That couldn't have been it? Feeling that my mission was spiritual in nature I again turned to books, I read and read until that one day, when I finished William Buhlman's "Out of body" book. It removed the fear I still had from my experiences with sleep paralysis. In that moment I closed the book, I looked up into the blue sky and saw aero-energy sparkling around me and had only one thought "I am ready". I didn't know for what I was ready, but I knew my fear was gone. That same evening, I googled out of body training in Helsinki and sure enough one week later a bioenergy workshop and introductory lecture of conscientiology would take place not far away from my location. I contacted the teachers and immediately signed up for both.

These two events changed my life and everything fell into place, all the questions I had, all the experiences from my past that I couldn't explain, made all perfect sense, the puzzle came together. After that weekend I knew that I was an Invertor and that my journey had just begun. One synchronicity happened after another and I participated in the basic course in London that same year, the advanced courses the next. I started volunteering and my life started flowing faster and faster, a feeling that would later be identified as the cosmic flow. My first lucid retrocognitions quickly came and shook my very identity, in a very deep but healthy way and I could change the direction of my energy from ectopic activities to positive evolutionary goals.

The shy girl with low self-esteem changed into a public speaker, and a self-confident woman within a few years. Conscientiology activated my need to continue and deepen my education and what place is better for that than Finland. I found part of my evolutionary group and I had insights about my intermissive course and about my existential program. Everything happened quickly and I worked, achieved, graduated, worked, volunteered, worked and worked and worked, ignoring the warnings of those around me that I would burn myself out in my relentless quest to achieve my goals.

As soon as I had graduated with the Finnish matriculation examination, the conscientiology teacher training and had brought my year long project of building a youth self-research and development project to an end (all simultaneously), I finally could visit the CEAEC campus in Brazil. After all the years I could finally see the physical manifestation of conscientiology on this planet, and meet other Invertors and find my group, my place within conscientiology. Even though I was exhausted I had still managed to write an article for the Invexology week and presented my experience to the other Invertors. The energies on the campus were from another world for me, I felt that I was constantly connected to a massive power generator and my head was buzzing with energy. My schedule was full with dynamics, courses, events and meetings.

The experiences there were another boost in my evolution, but once I left Brazil and headed back for Helsinki to start my studies at university, I felt my seemingly endless energy and strength running low. For four years I had operated with a constant overload, and now everything was suddenly moving very slowly. I was used to the speed of the cosmic flow, every day something new, every day something to do, every day a new insight, but now it was silent. University life was chaotic, the institution lacking money after government cuts, everyone was fighting for themselves, the community was gone. The vision of burning through university as fast as I had through the previous school dissipated into thin air, everything was too slow. I felt I wasn't doing enough and a conflict started inside me between getting rest and stability and the constant need of work, improvement and development. I had seen the Invertors in Brazil, constantly writing articles, building their campus, working on books, having their weekly and monthly meetings. I kept seeing them defending Verbetes on Youtube and I wasn't part of any of it. The doubts of the past kept creeping back, of how I felt when I didn't belong, of how convinced I was that the Invertors in Brazil must surely be my evolutionary group. But here I was, alone, back in Helsinki, struggling through the harsh winter and the doubts in my head.

Once more I started wondering where my group was, because the advice I got was "find your group, find your group, find your group". I kept looking, I kept hoping, but I didn't find anyone.

Another year passed and I returned to Foz do Iguassu, exhausted and confused. I needed answers, because I wasn't sure if I was in the right place anymore. I was wondering if I did something wrong, where were the synchronicities? Where were the people? Where were the helpers? What was going on? Thankfully some of the questions got answered and I started understanding that my existential program was simply a different one, that's why I was there in Europe alone for now and I need to thank Marcelo da Silva here, because he heard my questions and he very quickly proposed a theory to my problem. *The syndrome of parachronological dislocation*. As an Inventor himself, he had written an article about it years ago, which I read that same evening, confirming my symptoms. Having had anticipated so many aspects of my existential program so quickly and early throughout the past years I had realized that I had simply pushed too far too fast. I overshot the temporary finish line of that initial part of my existential program and because things had stopped happening I had feared the worst, when I simply wanted to do things that were programmed for the future and not for this moment in time. This information was incredibly helpful and calmed my conflicted consciousness. In those weeks in Foz, the helpers had incredible patience with me, answering many questions and giving many insights to help me simply settle down and be at peace with myself.

I returned back to Helsinki, still tired and exhausted from the inner conflict, but with hope this time. Another winter passed and I started learning self-forgiveness, I started to learn to take care of physical reality the same as I took care of my existential program. Both things are important and it is typical for Inventors to just push on to their goal because it's in the nature of the technique to reach goals quickly and effectively. I started forgiving myself that I wasn't as productive in terms of publishing articles, books and verbetes as the Inventors in Brazil, because I simply had very different challenges here. I'm still an Inventor, but my situation in Europe, and specifically Finland, is simply different.

Finland is different in many ways, historically, energetically, extraphysically. Finnish society and culture very much supports the development of the mentalsoma, knowledge is everything here. In a country of 6 million people, around 90 million books are borrowed from the public libraries per year. Finns are very innovative: there is a problem and something is done to solve it. Finland is progressive, open-minded, pragmatic and solution oriented. People here are highly educated, almost everyone has the matriculation examination and about 50% go on to university. Additionally, Finland is one of the most important Start-up hubs in Europe. Because of a relatively "blood free" history, this country is free to go forward, to find its own identity without having to recycle centuries of holokarmic interprisons.

However, any coin always has two sides and I got to know these two sides intimately over the 7 years I've been living here. Balance is not one of the strengths of this country, so either things are ignored or they are "overdealt" with. Even though the mentalsoma can go almost free here and you can read all the books you wish, you can have all the education you want, you can visit all the libraries you want, the psychosoma gets severely repressed. Finnish people don't deal with emotions and they prefer not to express them. Based on their century long experiences in the harsh winters with very small harvest, emotions were useless for survival, only logical thinking and pragmatism were useful and accepted, and this continues to this day. Here you have to be perfect, because making a mistake can be

the most terrifying situation a Finn could possibly encounter. People don't dare to stand out, it's better to keep quiet than to speak, don't bother anyone, keep to yourself, don't complain, don't step out of line, no one is special, people don't talk to one another, don't share their feelings to one another. Just do your thing, keep quiet and don't make mistakes. We can see Jante's law here in action, something that might bring peace one day to a healthy and mature society but can do a lot of damage in an immature one. After years of observing this behaviour and studying Finnish culture my theory is that the severe repression of emotions causes the high suicide rates, and the high rates of depression and alcoholism in this country. And the flipside to heavy innovation is that people start doing things because they can and don't stop to think about the potential harmful consequences of these innovations.

The living standard in Finland is very high, but so is the cost of living. For a young person, an Invertor in this case, who moved here without family, it is very difficult to establish a stable intraphysical life, a good steady income, to continue with studies, volunteer at the same time, save for early financial independence and not accumulate any debt in the process (like an ideal Invertor, according to the book). It is more feasible to do either one thing or the other, trying to meet too many commitments simultaneously destabilizes one's living situation. It is incredibly difficult and a very, very delicate balancing act of cosmoethical decisions, 24 hours per day, every day of the week. Additionally, to that, as a foreigner in this country, even though my Finnish is fluent and I have good work experience, it is much more difficult to find a job than for a Finnish person. Even though this country is more progressive than others, discrimination still exists. An Invertor who is by nature already more prone to the Foreigner's Syndrome has an even greater risk of feeling like a stranger in a society that is so very different from his or her mesology.

That being said I would like to do the same analysis about Austria, my country of resoma. After years of researching conscientiology and myself as a consciousness, as well as countries' cultures, history and societies, I started understanding why I needed to go to Finland to develop and be free to discover the ideas of conscientiology. Because one might ask, wouldn't it be easier to stay in your own country to face the challenges of Inversion? I needed a lot of distance, history lessons and extraphysical insights to put together the real, multidimensional image of Austria, the small, unimportant country in the heart of Europe. Austria used to be immensely influential and one of the biggest empires of Europe before World War I. Austria triggered World War I and we know that Hitler was an Austrian who triggered World War II. Additionally, Austria has always been under heavy roman-catholic influence and still is to this day. All of this contributed to the extraphysical and energetic environment that persists in Austria today. A pathological clinging to its glorious past of monarchy and power, the blood and karma of millions of people killed during the world wars, the century long roman-catholic repression have left their marks on this country and its extraphysical environment. A country that is heavily concentrated on the psychosoma and emotions of superiority, repression, guilt and pride, having been part and caused two world wars is not free and not prepared to develop ideas of conscientiology. And this is why I had to leave to the country for a more open one, freer from karmic relationships of the past so I could discover, and develop, leading edge relative truths and develop my cosmovision.

My personal research and experiences also helped me to understand that I had programmed and planned to go to Finland in my intermissive course, I was extraphysically well aware that the move

to another country was the immediate set of goals to facilitate a quick lucid connection to conscientiology. And so it happened.

Inversion in Europe is very different from Inversion in Brazil, resources have to be managed differently, other kinds of decisions have to be made, different kinds of priorities set, another kind of assistance is needed. While the basic guidelines of the Inversion technique still apply and are helpful, Inversion in Europe is a very different experience. Here we don't have daily dynamics, tertulias and monthly field courses. Here there are no daily lunches with evolutionary colleagues or Friday Pizza days to get together. Here, there is no campus to build....yet. There are no institutions that regularly hold courses and workshops, no new books to read, no Holotheca to study in. Here, "a stable life" means being able to pay your rent and your bills and not get in debt, here you miss your family and friends and long for an evolutionary group that is yet to come and resomate.

Inversion here is:

- to be patient, to simply stay strong and to stand your ground.
- to brace the storms of counterflow and extraphysical pressure and say "I won't give up".
- to have the occasional Skype meeting with a friendly colleague from the campus to exchange experiences with.
- to have cosmoethics of steel and to not give in to the consolation task.
- to know, even in the difficult times, that we are not alone, that we are connected and that there is a reason why I am here in this moment and that my assistance is needed.
- to wait to be ready when a connection somewhere can be made, to be ready to donate a copy of Our Evolution to a library, to do assistance wherever needed.
- to be the astronaut on another planet, being in contact with Houston to fulfil your mission. (For anyone who has seen "The Martian" with Matt Damon, that's how it feels sometimes.)
- to forgive yourself.

Six years of self-research and development and the immeasurable help of extraphysical and intraphysical helpers have led me to my first research topic which is the "Technique of the International Paraconnector" to further understand my position here in this life on this planet and to assist and guide our dear intermissive and evolutionary colleagues that will join us in the not so distant future.

Melanie is an Invertor, volunteer and researcher since 2012 and a conscientiology teacher since 2016. She's currently studying German philology and pedagogy at University of Helsinki and works as a content producer and translator at an educational software company in Finland.

