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**Palabras-Clave**

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## Cutaneous Autography (*Somatics*)

Autografia Cutânea (*Somática*)

Autografía Cutánea (*Somática*)

**Abstract:**

The article analyses *cutaneous autography*, an action in which the intraphysical consciousness writes with ink, on a part of their own body, some information that they do not want to forget. The work presents facts related to this occurrence and brings interpretations of this manifestation based on the approach to 20 specialties of Conscientiology.

**Resumo:**

O artigo analisa a *autografia cutânea*, ação em que a conscin escreve à tinta, em uma parte do próprio corpo, alguma informação que não deseja esquecer. O trabalho apresenta fatos relacionados a esta ocorrência e traz interpretações desta manifestação a partir da abordagem a 20 especialidades da Conscienciologia.

**Resumen:**

El artículo analiza la *autografía cutánea*, una acción mediante la cual la concin escribe con tinta, en alguna parte de su propio cuerpo, alguna información que no desea olvidar. El trabajo presenta hechos relacionados a esta ocurrencia y trae interpretaciones de esta manifestación a partir del abordaje de 20 especialidades de la Conscienciología.

**Definition.** *Cutaneous autography* is the act in which an intraphysical consciousness intentionally handwrites on their *hand*, finger, arm, thigh or even face, with ordinary ink of any color, a note, a warning, an address, a name or a telephone number, which they do not want to forget, or even a kind of message that they wish to transmit.

**Synonymy:** cutaneous appointment book; mnemonic artifice; epidermic thosenic signature; epidermic autography; epidermic self-message; dermography with ink; epidermic graffiti; epidermic graphothosene; epidermic inscription; reminder on the skin; handwriting on the skin; epidermic memento.

**Archaism.** Epidermic or cutaneous autography is an instinctive, immature and archaic process of word recording.

**Antonymy:** 1. Animic dermography. 2. Non-intentional dermography with ink. 3. Author's auto-

graphy. 4. Cutaneous heterography.

**Categories.** In the condition of epidermic appointment books, cutaneous autographies can be classified according to their written form into lowercase letters, capital letters, numbers, symbols or graphic designs.

**Explicitation.** Cutaneous autography can be *ambivalent*: explicit regarding the parts of the soma exposed to the public, and implicit regarding the covered parts, e.g. the thigh of the young student doing a school test.

**Subtlety.** Gloves and clothes in general are resources for covering the epidermic autography.

**Interdisciplinarity.** Cutaneous autography has a direct relation with Dermatology, and an indirect relation with the phenomena of Paraperceptiology (Dermographism).

**Facts.** Cutaneous autography reminds us of one

of 2 incontestable facts: the paper accepts everything that one records on it; the skin does not.

**Analogism.** Cutaneous autography is a manifestation similar to the ephemeral *tattoo*.

**Homo.** Among the categories of personalities, the act of cutaneous autography tends to be, with all logic, another trait of *Homo stultus (minor)* instead of *Homo sapientior (major)*.

**Suprisingness.** A cutaneous autography can accidentally reveal the private life of the person in the same way as an *unexpected confession*.

**Art.** Cutaneous autography was artistically used as a resource of communication, in a very proper, tasteful and successful way, in the introduction of the motion picture "The Portrait of a Lady", a drama. The title appears very legibly hand-written on the open palm and middle finger of the female left hand, pointing to the beginning of the film.

**Hypothesis.** Here is a pertinent hypothesis for research: – Is there any relation between cutaneous autography and onychophagia?

**Specialties.** Using the technique of exhaustivity, here are 20 specialties, among the 70 of Conscientiology, which allow specific conscientiological interpretations of the apparent simplicity of epidermic autography, enumerated here in alphabetical order:

01. **Coexistology.** According to Coexistology, there exists the popular expression "by the finger one knows the giant", and in science, a simple detail of a part points to the greatness of the whole. That is exactly the case with epidermic autography, in which an apparently despicable detail, e.g. "Phone Charles", directly written on one's hand, can completely depreciate the *public image* of a personality. Perfectionism is a sickness, but attention to detail does not harm anyone.

02. **Communicology.** Within Communicology, cutaneous autography is a *message* like tattoos are, and can represent a piece of information and even a protest.

03. **Conscientiometry.** In Conscientiometry, cutaneous autography is a process or clear evidence of immaturity or consciential *inexperience*, which reveals an absence of self-critique and self-confidence, especially regarding the consciential attribute of personal cerebral memory. It is important to observe that one could assume that the intraphysical consciousness who *hand-writes on their hand* is literate.

04. **Conscientiotherapy.** According to Conscientiotherapy, cutaneous autography, when excessive, representing a bad mnemonic habit, can be eliminated in a simple manner through the use of a blank sheet of paper, a small notebook for field-work notes, a personal appointment book or, in a more sophisticated manner, by means of a laptop or portable personal computer.

05. **Cosmoethics.** With regard to Cosmoethics,

cutaneous autography can work positively as an *anti-corrupter note* in certain contexts or critical injunctions.

06. **Existential Recyclology.** According to Existential Recyclology, cutaneous autography, when analyzed and interpreted as a self-examination in light of intraphysical and existential recycling, evidences an indefensible *lack of primary self-organization*.

07. **Experimentology.** According to Experimentology, cutaneous autography is a frank manifestation of self-incoherence, *anti-professionalism* and embarrassment, for example, for the neurologist, psychiatrist or psychologist, when bearers of anti-scientificity, who teach mnemotechnics or treat patients with hypomnesia, and even for the teacher, pedagogue or educator before their pupils.

08. **Holomaturology.** According to Holomaturology, the epidermic autography presents the inadequate form, location and *modus faciendi* of a *poor self-expression*, an epidermic graffito, peculiar to sprayers or graffitists, on oneself.

09. **Homeostatics.** According to Homeostatics, cutaneous autography, the mere act of writing on one's own skin, can signify the microtomic anatomization of the intraphysical consciousness, evidencing a minimum unit of *consciential hetero-evaluation*.

10. **Infocommunicology.** Within Infocommunicology, epidermic autography is a spontaneous, anti-technical attitude of the primitive person regarding communication, who makes their own body a *soma-notebook*.

11. **Intraphysicology.** According to Intraphysicology, cutaneous autography, besides its use on one's hand, is a resource used in *advertising* (television commercials), politics (*Painted Faces*), commerce and even learning.

12. **Mentalsomatics.** According to Mentalsomatics, epidermic autography is a secondary and insignificant subtlety, a prototype of cognitive simplicity. However, it entails consequences that demand reflection if we deeply analyze the complexity of the consciousness and the consciousness' science, Conscientiology.

13. **Mnemosomatics.** According to Mnemosomatics, cutaneous autography is, without any doubt, a practical resource, *at hand* (no pun intended), but which always reveals the *hypomnesia* of the intraphysical consciousness.

14. **Parabiology.** Within Parabiology, epidermic autography is indisputably an *anti-somatic* resource: the skin was not generated by Genetics and Human Biology with the finality of being a sheet for writing upon.

15. **Parachronology.** In Parachronology, cutaneous autography is an *anti-hygienic* mnemonic resource characteristic of the immaturity of the pe-

rod of adolescence, when the young boy or girl often writes one or two words next to the thumb of his or her left hand – when dextral – in order to remember something that he or she considers relevant or opportune. In this case, it is an *epidermic appointment book* without creativity.

**16. Parapathology.** In Parapathology, a mere simple thosenic manifestation – the writing of a word on one's hand – in certain cases points to complex distortions of the intraphysical consciousness according to Conscientiology.

**Swearword.** For example, when the cutaneous autography is written with a *swearword*, it can be expressing a pathothosene (harmful word) and be anticosmoethical.

**Graphomania.** Cutaneous autography also has some relation to *graphomania* or *graphorrhagia*, a tendency to write excessively (*graphic plethora*).

**Heterography.** Another pathological aspect that is important to highlight, within the universe of cutaneous autography, is its antagonism in relation to *cutaneous heterography*.

**Vandalism.** In January 2000, New York obstetrician Allan Zarkin practiced a caesarian and left his initials, AZ, signed by scalpel on the patient's belly. A surgical vandalism.

**Zorro.** According to the police, Zarkin reached the point of saying that he had done a very beautiful work, a work of art, and therefore he deserved to sign it. However, the *people* gave him the nickname of "Doctor Zorro".

**Compensation.** His patient has demanded a compensation of US\$ 5.5 million, feeling like a branded female animal.

**17. Parapedagogy.** Within Parapedagogy, there are adolescent students who use epidermic autography for *cheat notes* on their thighs before school examinations, a frankly anticosmoethical and also, in this case, anti-pedagogic resource.

**18. Paraprophylaxis.** Within Paraprophylaxis, water is the *eraser* of the cutaneous autography, much better than the saliva used by teenagers without personal hygiene.

**19. Somatics.** According to Somatics, cutaneous autography is a *light act of anti-anatomy* that does not reach the point of representing a serious threat to the soma, gynosoma or androsoma, but there are inks that people use for writing that can poison through epidermic, chemical absorption.

**Cerebellum.** On the other hand, by involving hand and fingers, the act of cutaneous autography expresses an attitude that is genuinely cerebellar, psychomotive, and not directly from the 2 cerebral hemispheres, cognitive.

**20. Thosenology.** In terms of Thosenology, the specific act of epidermic autography (frame, form) derives from a *subthosene*, which can even represent

a *megathosene* (message, content).

**Correlations.** Besides the subjects broached in this essay, here are 16 other themes, listed in alphabetical order, which present affinity and are useful for deepening the research of those interested in cutaneous autography:

01. Alienation.
02. Archivology.
03. Autodidaxia.
04. Contamination.
05. Cultural idiotisms.
06. Curiosities.
07. Ectopia.
08. Education.
09. Gaffes.
10. Inadequacies.
11. Intraphysical appointment book.
12. Manias.
13. Self-critique.
14. Self-expression.
15. Stabilization of the ego.
16. Stylistics.

#### Specific Filmography:

1. *The Portrait of a Lady*; UK/USA; 1996; Language: English/Italian; Genre: *Drama*. Duration: 144 min; *Direction*: Jane Campion; *Cast*: Nicole Kidman, John Malkovich, Barbara Hershey; *Script*: Laura Jones; Based on the novel by Henry James; *Production*: Steve Golin, Monty Montgomery, Mark Turnbull, Ann Wingate.

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2. Época; Editorial Staff; *Tempo de Pintar a Cara* (Caras Pintadas); Magazine; Weekly; Year II; N. 32; Section: *Brasil*; 7 illus.; Rio de Janeiro, RJ; 12.13.99; pages 38, 39.
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#### Translator's Note:

*Painted Faces*: name given to Brazilian political protestors who paint their faces.

**Note.** This essay, special for *Conscientia* magazine, is one of the entries of the *Encyclopedia of Conscientiology*, which is currently being compiled.

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