



100 Evolutionary Principles

100 Princípios Evolutivos

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Key Words

Consciential Evolution
Cosmoethics
Evolutionary Principles
Values

Unitermos

Cosmoética
Evolução Consciential
Princípios Evolutivos
Valores

Palabras Clave

Cosmoética
Evolución Conciential
Principios Evolutivos
Valores

Abstract

This work analyses the subject of evolutionary principles, groups of ideas organized by personal cosmoethics that guide one's own consciential manifestations. The author presents 100 evolutionary principles of different natures, exploring several facets of the subject in focus and stimulating the reader's reflection on their personal principles.

Resumo

Este trabalho analisa o tema dos princípios evolutivos, conjuntos de idéias organizadas pela cosmoética pessoal e que orientam as próprias manifestações conscientiais. O autor apresenta 100 princípios evolutivos de diferentes naturezas, explorando diversas facetas do assunto em questão e estimulando o leitor a refletir sobre seus princípios pessoais.

Resumen

Este trabajo analiza el tema de los principios evolutivos, conjuntos de ideas organizados por la cosmoética personal y que orientan las propias manifestaciones conscientiales. El autor presenta 100 principios evolutivos de diferentes naturalezas, explorando diversas facetas del asunto en cuestión y estimulando al lector a reflexionar sobre sus principios personales.

Definition. Evolutionary principles are groups of ideas that regulate forms of consciential action, organized beforehand by personal cosmoethics and practiced daily by the consciousness. The principles are the foundation for the launching of personal manifestations.

Synonymies. Primary cause; beginning; precept; starting point; rule; life philosophy; way of seeing; way of acting; behavior guide; group of personal laws; basic guidelines; initial propositions.

Antonymy. Impulsiveness; automatism; amateurism; emotionalism; deprogramming.

Orientation. Life principles serve to guide self-evolution. It is having foresight of action in diverse situations and conditions. The principles regulate the form by which one evolves. Good conviviality (or interpersonal relations) depends on principles.

Foresight. As the intraphysical consciousness knows him/herself better, he/she will know how to foresee how to behave in situations that demand the

application of personal principles.

Parallel. Every chemical substance possesses a principle that makes it act or react. Principles guide the actions and reactions of the consciousness.

Values. Values and principles are intimately linked. Principles follow personal values, directly structured by personal cosmoethics. The principle is the compass. The value is the reason. The principal is the how and which way it wants to go. The value is the condition *sine qua non* to go. The value is the fuel of the principles.

Maturation. It is important to remember that as the consciousness matures, he/she starts to modify and substitute some personal evolutionary principles for wider and more cosmoethical ones.

Handcuffs. Personal principles should not be handcuffs. There are people who are so attached to their principles that the principles start to harm themselves and others. They are not able to see the mental intoxication in which they are involved. They

don't notice that it is time to renew these principles and even to eliminate them from their holothosene.

Facets. The principles below were established beginning with the analysis of a few facets of the subject in focus. Several possible principles exist for each one of these themes. It was not the objective of this work to make all of them explicit. The reader can go deeper into those that are of interest to him or her. Other researchers created some of the principles compiled in this text.

Taxology. The following are 100 evolutionary principles of several manifestations:

01. **Principle of Approaches:** There is no rigid outline or fixed formula on how to approach consciousnesses. Each case is a specific case. Every approach depends upon the consciousness or the situation in focus.

02. **Principle of Completion:** Finish what has been started, with sophistication and preferably immediately.

03. **Principle of Adaptation:** Even the most weak, deprived and deficient has its place and will be capable of adapting him/herself in the evolutionary process.

04. **Principle of Gratitude:** To give thanks for everything that is obtained and for the support received.

05. **Principle of Discharge:** May this therapeutic session be the last one. Apply everything known now so that the patient won't need to return, thus preventing codependency.

06. **Principle of Friendship:** A real friend doesn't wish the worst, neither hide his or her friend's mistakes, nor protect anti-cosmoethics, or omit him/herself in difficult times.

07. **Principle of Love:** Pure love does not choose whom to love, neither makes demands nor expects a return.

08. **Principle of Applicability:** Inquire how, in what form, and when everything that is known can be applied. And in what way you can be of help.

09. **Principle of Learning:** Learn from everything (microcosms and macrocosms).

10. **Principle of Acquisitions:** Define the essential to be acquired, avoiding energetic junk and an overload of personal objects.

11. **Principle of Assistentiality:** The ideal assistant doesn't choose the assisted, nourish second intentions, or expect any thanks. Be intraphysical consciousness-medicine and not intraphysical consciousness-problem.

12. **Principle of Personal Action:** Always think before acting and act in the best possible way. The action begins with the intention.

13. **Principle of Self-analysis:** Be wary of self-perceptive distortions, both from excessive self-praises as well as degrading self-mortifications.

14. **Principle of Self-confidence:** Don't *follow the crowd*. Know what you want for yourself and follow your own ideas, potentialities, plans and goals.

15. **Principle of Self-conviviality:** Do not feel afraid of yourself. Establish a direct contact with the intra-conscientiality. Be your own best company.

16. **Principle of Self-didacticism:** Study on your own initiative, installing a personal Holothea. Be simultaneously teacher and student.

17. **Principle of Self-evolution:** Question what to do, where to be and what is necessary to evolve faster.

18. **Principle of Self-motivation:** Get involved and move with the priorities. To end laziness, all you have to do is to start.

19. **Principle of Bifrontation:** Everything has two sides, or more. These sides can be positive, negative and ambivalent.

20. **Principle of Character:** Character is good (cosmoethics) or bad (anti-cosmoethics).

21. **Principle of Scientificity:** To do science is above all to have a scientific posture, easily perceived by the observer.

22. **Principle of Coherence:** To refrain from doing to others what you do not like done to yourself. Say something and do it.

23. **Principle of Communicology:** Say what is needed to be said, with the shortest sentence and in the clearest way.

24. **Principle of Conviviology:** To prefer to evolve in a group, but to stay alone if the group opts for anti-cosmoethical actions. The more you evolve, the smaller the number of good intraphysical companions and the larger the number of good extra-physical companions you have.

25. **Principle of Cosmoethics:** Do not accept to participate in a corrupt group, a mafia of defrauders or criminals of any kind. You should not abandon your values and cosmoethical actions in any situation. All actions and thosenes reverberate in the cosmoethics. It is not possible to hide them.

26. **Principle of Cosmoflux:** To let activities converge into the same motherthosene, optimizing the use of time.

27. **Principle of the Cosmogram:** To ask if certain material is relevant or not, if it will expand the consciousness, if it serves as an element for new hypotheses and if it will be useful in the future.

28. **Principle of Creativity:** To look for directions neither considered nor investigated

before. Innovate, renew, and modify.

29. **Principle of Criminality:** Lack of principles of cosmoethics.

30. **Principle of Critique:** Always analyze before criticizing. Criticize without destroying. Criticize and show the solutions. Criticize with good humor. Criticize to change. Self-criticize before and hetero-criticize late.

31. **Principle of Debate:** To discuss ideas with the mentalsoma, without wanting to convince, oppress, distort, or manipulate. Do not attack people. Search for totality.

32. **Principle of Decision:** Delay decisions only before the most complex situations.

33. **Principle of Definitions:** To define is to bring the consciousness close to reality through the mentalsoma, constituting the leading-edge relative truth about a fact.

34. **Principle of Democracy:** Everyone is entitled to expose his or her opinions, to participate and to be respected.

35. **Principle of Discipline:** To evaluate one's own capacity to have a productive routine for 1 week, 1 year, 10 years or for other period.

36. **Principle of the Duo:** To inter-assist holosomas. Remember the reason for being together.

37. **Principle of Economy:** To save. To research prices. To know how to spend. To know how to buy. To not be wasteful. To not become enslaved by money.

38. **Principle of Education:** A person who educates someone, educates him/herself first. A person who educates someone, educates him/herself more.

39. **Principle of Energy:** Each thosene and action requires an exact amount of energy. Even an excess of energy is harmful.

40. **Principle of Confrontation:** To confront cosmoethics. Cosmoethics induces an intraphysical consciousness to encounter what he/she most avoids or needs.

41. **Principle of Teaching:** The one who teaches is the first to learn.

42. **Principle of the Writer:** To write something that has never been said.

43. **Principle of Space:** To be in the right place at the right time.

44. **Principle of Essence:** Not to worry so much about the frames. The most serious and important variable is always the consciential essence. Appearances deceive most of the time.

45. **Principle of Incentive:** To praise, to motivate and to help people be better than they are.

46. **Principle of Evolutiology:** There isn't an

end point in the evolutionary process. Learn to live together with this idea, eliminating the anxieties and renewing the priorities. To evolve is a never-ending pending activity.

47. **Principle of Exemplariness:** Actions confirm or invalidate words.

48. **Principle of Philosophy:** Everything in life demands Philosophy. Observe the facts. They are the prophylaxis of the excessive theorization and of "philosophizing".

49. **Principle of Flexibility:** Flexibility permits one to see the facts as they are, preventing mental addiction and prejudice.

50. **Principle of Generalizations:** A person who generalizes with radicalism is being lazy about analyzing the specificities and exceptions.

51. **Principle of Groupality:** To prefer to arrive later and accompanied than to arrive early and alone. If there is no other way, arrive alone.

52. **Principle of Homeostasis:** To avoid shortages and to cut excesses. Everything can have a point of balance and harmony. To evolve is to walk on the cutting edge of the razor without getting cut and without cutting others.

53. **Principle of Humor:** Good humor is good in any situation.

54. **Principle of Incorruptibility:** If you are more lucid and saturated with the mistakes made, put the excuses aside and do what must be done.

55. **Principle of Information:** No human being absorbs all of the information produced, that's why it is necessary to be lucid in order to choose the best.

56. **Principle of Interests:** Everything interests the universal intraphysical consciousness.

57. **Principle of Inversion:** Not everything that others do needs being done.

58. **Principle of Judgment:** The most opportune judgment is self-judgment, or that which is done by the law of action and reaction, structured within the parameters of the universal cosmoethics.

59. **Principle of Justice:** Avoid impunity. Well-applied justice generates necessary mutations. The one who judges should be a good example of conduct and behavior.

60. **Principle of Laws:** Each law includes a manifestation field or a consciential dimension and it is irreplaceable in what it explains.

61. **Principle of Freedom:** Do not allow any form of coercion, restriction or enslavement over your own consciousness or over others.

62. **Principle of Leadership:** To lead while working together.

63. **Principle of Personal Limits:** Recognize

your own limits and imperfections, without self-flagellation, accommodation and self-victimization.

64. **Principle of Logic:** There is always a more correct chain of thought, more cosmoethical and closer to the reality observed.

65. **Principle of the Most Advanced:** Do not be satisfied with bad and the so and so things. Look for the most advanced things.

66. **Principle of Mnemosomatic:** Do not trust your memory. Write down everything that is indispensable.

67. **Principle of Multidimensionality:** To have multidimensionality as a practical and experiential regulator for all priorities and intracosciential philosophical revolutions

68. **Principle of Mutations:** The world doesn't change by itself. The consciousnesses are the ones who change themselves.

69. **Principle of Objectivity:** Now is the time to act.

70. **Principle of Organization:** Everything has its place.

71. **Principle of Paradigm:** The most complete paradigm is the one that begins with the consciousness, since everything touches, intercepts or connects to the consciousness.

72. **Principle of Paradoxes:** Paradox is the arrow that points to the mentalsomatic stamina to reach several leading-edge relative truths.

73. **Principle of Paternity:** In order to take care of another one it is good to know how to take care of oneself.

74. **Principle of Thosenity:** Unproductive and pathological thosenes are more chaos in the Universe.

75. **Principle of Forgiveness:** A person who delays forgiveness nourishes revenge, rage, and bitterness inside him/herself.

76. **Principle of Perseverance:** Persevere in good things. Do not persevere in situations that are destructive, wrong and covered in falsehood.

77. **Principle of Research:** Research is finished only when one notices that they have a reasonable understanding of the subject. This sensation can occur quickly or can take longer.

78. **Principle of Positiveness:** Do not admit pessimism and defeatism, by maintaining the idea that it will work.

79. **Principle of Principle:** Before starting a task, reflect on the best form of doing it. Avoid any regret and going back to repair it.

80. **Principle of Principles:** Apply all the principles and don't just maintain them as beautiful sentences. Sentences don't act by themselves.

81. **Principle of Existential-programming:** The existential program is in the intersection of what one needs to learn and what others need.

82. **Principle of Prophylaxis:** If you can avoid mistakes, do not make the mistake of living them out. Scars heal but take a while to disappear.

83. **Principle of Projectiology:** Dominate the emotions and transform the extraphysical experiences into renovating implosions of personal philosophy.

84. **Principle of Quality:** Try to always accomplish the best.

85. **Principle of Existential-Recycling:** Know how to transform weak traits into strong traits or to eliminate them once and for all.

86. **Principle of Respectability:** Do not force anyone to change, neither constrain nor impose. Respect even the decision of involution by others.

87. **Principle of Responsibility:** Do not run away from assumed responsibilities. Honor the words. Before complaining, think about the shame.

88. **Principle of Health:** Physical health is the point of departure of everything, and is the prerequisite sine qua non of intraphysical evolution.

89. **Principle of Sexuality:** There are those who think a lot and do little. There are those who think little and do a lot. The middle is the most adequate way.

90. **Principle of Honesty:** To be sincere and authentic is to commit oneself to that which is correct. On the other hand, caustic honesty is as bad as a lie.

91. **Principle of Theorice:** Experience at least 50% of all that you study, think and say.

92. **Principle of Time:** This second will never return.

93. **Principle of Work:** No work is ugly if it is necessary and if it will improve the world a little more.

94. **Principle of Universalism:** If the consciousness comes from the Universe, the Universe is contained within the consciousness.

95. **Principle of Time Use:** If a subject, person or situation doesn't interest you, it's not worth wasting your time just for being sympathetic. Avoid the bad use of time.

96. **Principle of Values:** Values do alter and evolve with the changes of the consciousness and its goals. Do not give up the great values.

97. **Principle of Truths:** The truth is always represented by a more advanced temporary hypothesis, until other ideas explain it better. Combat absolute and imposed truths.

98. **Principle of Bonds:** Always be friendly

and supportive at first, in order to be a professional, teacher, husband, entrepreneur, and other things later on.

99. **Principle of Personal Experiences:** See everything with your own eyes and para-eyes. Listen to others, but prefer direct personal experiments.

100. **Principle of Will:** To have will is a voluntary act.

Conclusion. The raising of one's personal principles is nothing more than an exercise of self-study, accessing or finding the more intimate contents of one's own consciousness to better understand its manifestations. What is your personal list of principles to act by in evolution?

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Translation: Terezinha Andrade.

Revision: Heidi Hanson.