

# Invexology Research Programme (Base-Year: 2023)

Programa de Pesquisa da Invexologia (Ano-base: 2023)

Programa de Investigación de la Invexología (Año base: 2023)

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## Keywords

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## Palavras-chave

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## Palabras-clave

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## Abstract:

*Invexology* is the scientific field or specialty that studies the philosophy, the technique, and the practice of invexis, or existential inversion, in intraphysiology. The initial milestone of this conscientiological specialty occurred in 1991, with the launch and proposition of the *existential inversion technique* by Dr Waldo Vieira (1932–2015). This paper aims to clarify the structuring elements of the *Invexology Research Programme* and present the next challenges for the development of the evolutionary group dedicated to this specialty. The research programme is at an early stage, given the existence of a definition, essential concepts, glossary, exhaustive specific bibliography, key references, subspecialties, methods, techniques, and tools. It is understood that the next steps of the research programme involve the systematization of the scientific bases of existential inversion through the group construction of a synoptic table of subspecialties, in addition to the organization of collective objectives and goals for research purposes.

## Resumo:

A *Invexologia* é o campo científico ou especialidade que estuda a filosofia, a técnica e a prática da invéxis, ou inversão existencial, na Intrafisiologia. O marco inicial dessa especialidade conscientiológica ocorreu em 1991, com o lançamento e proposição da *técnica da inversão existencial* pelo professor Waldo Vieira (1932–2015). Este artigo visa esclarecer os elementos estruturadores do *Programa de Pesquisa da Invexologia* e apresentar os próximos desafios para o desenvolvimento do grupo evolutivo dedicado à especialidade. O programa de pesquisa encontra-se em estágio inicial, tendo em vista a existência de definição, conceitos essenciais, glossário, bibliografia específica exaustiva, referências-chave, subespecialidades, métodos, técnicas e ferramentas. Entende-se que os próximos passos do programa de pesquisa envolvam a sistematização das bases científicas da inversão existencial por meio da construção grupal de quadro sinóptico das subespecialidades, além da organização de objetivos e metas coletivos com fins pesquisísticos.

## Resumen:

La *Invexología* es el campo científico o especialidad que estudia la filosofía, la técnica y la práctica de la invéxis, o inversión existencial, en la Intrafisiología. El marco inicial de esta especialidad conscientiológica ocurrió en 1991, con el lanzamiento y proposición de la *técnica de la inversión existencial* por el profesor Waldo Vieira (1932–2015). Este artículo busca esclarecer los elementos estructuradores del *Programa de Investigación de la Invexología* y presentar los próximos desafíos para el desarrollo del grupo evolutivo dedicado a la especialidad. El programa de investigación se encuentra en su etapa inicial, teniendo en vista la existencia de definición, conceptos esenciales, glosario, bibliografía específica exhaustiva, referencias claves, subespecialidades, métodos, técnicas y herramientas. Se entiende que los próximos pasos del programa de investigación envuelvan la sistematización de las bases científicas de la inversión existencial por medio de la construcción grupal del cuadro sinóptico de las subespecialidades, además de la organización de objetivos y metas colectivas con fines investigativos.

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## INTRODUCTION

**Questions.** *Can it be said that invexology has a research programme? If so, what is the state of this programme?* These are the guiding questions for this work, which intends to summarize the essential elements of the development of the field of study of invexis, in the current context of assessing the scientificity of conscientiology (Base-Year: 2023).

**Survey.** In theory, invexology can be considered one of the oldest specialties, with the launch of the *existential inversion technique* in 1991 (Fernandes, 2021, p. 82 to 87) and the 1<sup>st</sup> group of existential inverters (Grinvex) in 1992 (Ferraro, 2009, p. 135 to 148; Loche, 2021, p. 88 to 96), if compared to the formalization of conscientiology itself, with the publication of the treatise *700 Conscientiology Experiments* (Vieira, 2013), published in 1994. This fact leads us to the need for a systematic survey that organizes the current *state of the science* of the research on this specialty.

**Systematization.** Although invexology is one of the specialties with the largest number of publications, according to the information available on the ICGE portal (2023), this work is based on the understanding that there is still a lack of systematization to the point that invexology constitutes a clear and consensual programme within the community of researchers.

**Goals.** Therefore, and also due to the two-decade anniversary of the institutionalization of invexis with the creation of the *International Association of Existential Inversion* (ASSINVÉXIS) (Colpo, 2021, p. 108 to 115), this paper aims to clarify the structuring elements of the invexology research programme and present the next challenges for the development of the evolutionary group dedicated to the specialty.

**Comparison.** To this end, in this research work, a comparison is made between the parameters established by the *Interscientific Council of the Union of Conscientiocentric Institutions* (UNICIN) regarding the research programmes of conscientiological specialties (Interscientific Council, 2022; Zaslavsky, 2023, p. 271 to 281) and the already consolidated and ongoing scientific theorice of invexology, notably within the scope of the ASSINVÉXIS.

**Sections.** In this sense, the paper presents five sections, as follows, with the first four dedicated to this comparison, while the last one seeks to answer the initial question, dividing the parameters according to the following logical structure:

1. **Conceptualization of Invexology:** definition; essential concepts.
2. **Invexological Production:** specific bibliography; key-references.
3. **Field of study of Invexology:** subspecialties; synoptic table.
4. **Methodology of Invexology:** methods; techniques; instruments.
5. **State of the Invexology Research Programme:** diagnosis; next steps.

## I. CONCEPTUALIZATION OF INVEXOLOGY

**Definition.** According to Vieira (2007, p. 195), “Invexology is the specialty of conscientiology, applied to the studies and research of the philosophy, the technique, and the practice of invexis, the existential or human inversion”.

**Invexis.** The invexis technique, and the object of invexology research, is “the maximum technical planning for intraphysical life that a conscin can propose, based on conscientiology and projectiology, without doctrinal,

sectarian, inculcating, or mystical influences, not even those coming from the academic, conventional, and mechanistic sciences” (Vieira, 2013, p. 690).

**Terminology.** From the study and practice of invexis, the conceptual field of invexology developed, especially with the advent of the *Theory and Practice of Existential Inversion* (TPIE) course by ASSINVÉXIS in 2005, and the launch of the book *Existential Inversion: Self-Knowledge, Assistance, and Evolution from Youth* (Nonato *et al.*, 2011).

**Glossary.** Since then, several concepts have been developed that deepen and detail the theoretical and applied understanding of the technique. In 2021, on the occasion of celebrating 30 years of the proposal of the existential inversion technique, the main concepts of the specialty were brought together in the *Glossary of Invexology* (Machado & Oliveira, 2021, p. 164).

**Concepts.** According to the above authors, throughout the research project and organization of the definitions present in the Glossary of Invexology, 204 specific concepts of the universe of research on invexis were raised (Machado & Oliveira, 2021, p. 164), collated, and made available on the ASSINVÉXIS website (2023a).

**Invexology.** Here are, for example, five concepts, among the most studied ideas and themes used in invexology research and parapedagogical activities, with the respective webgraphic or bibliographic references, listed in alphabetical order:

1. **Avoidances.** “*Avoidances in invexis* are the acts or postures lucidly avoided by an inverter conscin aiming at the prophylaxis of *en route* deviations and accidents, resulting in the maximum prioritization of existential wholesale assistance programming” (Matos, 2023, p. 15,825).

2. **Consciential basement.** “*Consciential basement* is the phase of infantile manifestation, until the end of puberty of the human being (*Homo phycicus*), where the basic animal instincts or the maximum primitive traits (personal fixations) remaining in the integral personality, or in the consciential microuniverse still in development, predominate” (Vieira, 2013, p. 704).

3. **Grinvex.** *Grinvex*, or the group of existential inverters, is the “professional invexological research team linked to ASSINVÉXIS, gathered periodically to deepen the studies of the invexis technique, aiming at interassistance through claritask in the production of group and personal gescons” (André, 2023, p. 17,556).

4. **Invexis Technique.** *Invexis Technique* is “the maximum technical planning of intraphysical life, based on conscientiology, applied by a conscin since youth, with conscious self-identification to the realization of their proexis, aiming at self-evolutionary dynamization, the early exercise of assistantiology, and complexis” (Paskulin, 2023, p. 32,138).

5. **Invexological maxiplanning.** “*Invexological maxiplanning* is the technical, maximum, multifaceted self-planning, based on invexology, initiated by the existential inverter conscin still in their preparatory phase, establishing convergent strategies for the various sectors of human life, consciential attributes, and personal singularities for the straight execution of their proexis and materialization of their personal megagescon” (Colpo, 2020, p. 96).

## II. INVEXOLOGICAL PRODUCTION

**Publications.** Invexological production of involves the sum total of all claritaskal materials already published on the invexis technique, Invexology’s object of study, in different formats and media.

**ESBI.** There have already been two surveys of the *Exhaustive Specific Bibliography of Invexology* (ESBI) at different times in the history of the specialty.

**First.** The first, organized by Musskopf (2007, p. 290 to 298), comprised 309 references from 173 different authors, in the context of the beginning of the *Encyclopaedia of Conscientiology*, and was carried out at the request of Dr Waldo Vieira (1932–2015).

**Second.** The second ESBI survey was carried out by 21 volunteers linked to the technical-scientific sector of ASSINVÉXIS, during the COVID-19 pandemic, in the context of celebrating the 30<sup>th</sup> anniversary of the launch of the *invexis technique* and, consequently, of the invexology specialty.

**Results.** This more recent survey took into account all scientific and popular science publications containing the term *invexis*, or cognates contained in the contents, titles, abstracts, and/or keywords referring to the period between 1991 and May 23, 2021, resulting in 1,546 publications by 538 different authors.

**Availability.** The methodological information and results of the last ESBI can be found in the paper by Leite *et al.* (2021), and all references are published on a specific page on the ASSINVÉXIS website (2023b).

**References.** As for the fundamental bibliography of invexology, we can highlight these five most used references, listed below in alphabetical order:

1. **Book:** *700 Conscientiology Experiments*, section “Invexibility” (Vieira, 2013, p. 689 to 715).
2. **Book:** *Existential Inversion: Self-knowledge, Assistance, and Evolution since Youth* (Nonato *et al.*, 2011).
3. **Paper:** *Balance of the First Results of the Invexogram* (Nonato, 2009, p. 101 to 123).
4. **Paper:** *Fundamentals of Invexological MaxiPlanning* (Colpo, 2011, p. 423 to 443).
5. **Paper:** *Invexogram: Invexis Self-assessment* (Nonato, 2007, p. 77 to 81).

**Verbets.** Here are, according to a consultation in the Verbetomatics<sup>1</sup> tool on 30/10/2023, the verbets on the invexology specialty published in the *Encyclopaedia of Conscientiology*, with the highest number of remissions, in descending order:

1. **Innate retrocognitive agent:** 68 remissions (Vieira, 2023, p. 762 to 765).
2. **Invexological maxiPlanning:** 52 remissions (Colpo, 2023, p. 22,081 to 22,087).
3. **Early megafocu:** 51 remissions (Vieira, 2023, p. 22,332 to 22,336).
4. **Healthy Antimaternity:** 48 remissions (Vieira, 2023, p. 1,739 to 1,743).
5. **Inverting biliberation:** 41 remissions (Vieira, 2023, p. 7,417 to 7,420).

### III. FIELD OF STUDY OF INVEXOLOGY

**Systematization.** The field of study of invexology involves both the definition and systematization of subspecialties in a specific synoptical table, allowing depth, clarity, and organization in the construction of theatical knowledge about and from invexis.

**Coverage.** Invexology, as it covers the totality of a conscin’s experiences throughout life, is extremely broad in its technical-scientific production, encompassing different areas of knowledge and intraphysical existence. However, based on a systematic review of the bibliography and parapedagogical practice in invexology, it is possible to observe thematic and methodological correlations around invexological publications that allow the circumscription of certain subspecialties.

**Publication.** Zaslavsky’s work (2009, p. 158 to 166) was the first to propose subspecialties of invexology, including the proposal of a synoptic table to organize them.

**Clarity.** However, there is still a lack of clarity and consensus among invexis researchers regarding the existence and ordering of subspecialties so that they can be developed autonomously and systematized in the universe of invexology.

**Field.** When proposing the subspecialties of conscientiology, Vieira situates invexology as the field of study of the *philosophy, technique, and practice* of invexis (Vieira, 2007, p. 195).

**Subfields.** Accordingly, based on this definition, it is possible to see the study of invexis in three angles, views, optics, prisms, or complementary subfields capable of organizing the development of invexological research and respective subspecialties (Moreno, 2023a, p. 6; 2023b, p. 4), as listed below in functional order:

1. **Invexosophiology:** the study of the *philosophy of invexis*, explaining and grounding invexological knowledge.

2. **Invexoproceedology:** the study of the *invexis technique*, prescribing invexological conduct and technical and paratechnical optimizations.

3. **Invexoexperimentology:** the study of the *practice of the invexis technique*, describing and interpreting invexological experiences.

**Subspecialties.** Within these three macro subfields, it is possible to list another 18 subspecialties of invexology, currently under development, either through already published gescons, ongoing research, or courses in the ASSINVÉXIS *curriculum*, listed below, in alphabetical order:

01. **Androinvexology** (or Invexoandrosomatology): study of the application of the invexis technique by an androsoma, and the respective somatic, brain, parabrain, mesological, and cultural effects.

02. **Chronoinvexology:** study of the intraphysical time variable and its effects on the application of the invexis technique.

03. **Grinvexology:** study of groups of existential inverters (Grinvexes).

04. **Gynoinvexology** (or Invexogynosomatology): study of the application of the invexis technique by a gynosoma and the respective somatic, brain, parabrain, mesological, and cultural effects.

05. **Invexoavoidology** (or anti-invexology): study of invexological avoidances.

06. **Invexoclaritaskology:** study of claritaskal interassistance through invexis.

07. **Invexocognitiology:** study of the cognitive processes of existential inversion and evolutionary self-cognition acquired through invexis.

08. **Invexoculturology:** study of invexological culture, the holothosene of invexis and related phenomena.

09. **Invexoeitology** (or invexological eitology): study of consciential wholesaleism in invexis.

10. **Invexomesology:** study of mesological variables in invexis.

11. **Invexomethodology:** study of methods, techniques, and instruments of invexological research.

12. **Invexometrology:** study of the metrics of invexibility or effective application of invexis.

13. **Invexoparatechnology:** study of the optimizing techniques of the invéxis.

14. **Invexoplanning** (or maxiplanology): study of the process of elaboration of invexological maxiplanning.

15. **Invexoprincipiology:** study of the principles of invexis and their application.

16. **Invexoprioritisatiology** (or pro-invexology): study of invexological prioritizations.

17. **Invexosomatology:** study of the somatic variable in the application of the invexis, whether with a gynosoma or an androsoma.

18. **Invexotherapeuticology:** study of the treatment and remission of retroegoic weaktraits through the application of the invexis technique.

**Table.** It is worth highlighting that currently (base-year: 2024), there is an ongoing project to review and prepare a synoptic table by the ASSINVÉXIS technical-scientific department. Invexology productions are under analysis. In the first stage, currently underway, the analysis of related specialties contained in the Invexology verbets of the *Encyclopaedia of Conscientiology*, is being carried out.

#### IV. METHODOLOGY OF INVEXOLOGY

**Publications.** To verify the development of a specific methodology in a given specialty, a review of scientific productions related to the topic is required.

**Invexology.** The technical publications of the invexology specialty are concentrated in the *Encyclopaedia of Conscientiology*, with the elaboration of central and related verbets to the specialty, and in the scientific journal *Gestações Conscienciais* (Consciential Gestations), the thematic journal of invexology (base year: 2023).

**Encyclopaedia.** Given the nature of the Encyclopaedia, the verbets produced seek to offer a comprehensive and in-depth view of a given concept, amplifying the understanding of relationships, facts, parafacts, profiles, and arguments, paving the way for neocognitions on the topic of interest. They present the findings, conclusions, contributions, and sometimes the results of the study and research on a given topic, without offering the research path used by verbetographer-researchers.

**Journal.** Given the characteristic of the scientific journal, the papers published in the journal *Gestações Conscienciais* (ASSINVÉXIS, 2023), on the other hand, present research carried out within the scope of invexology and related specialties, outlining research elaboration processes, reflections, and conceptual propositions.

**Object.** Thus, in order to verify the development of fundamental instruments, techniques, and methods for the specialty, it was decided to review the scientific productions published in the referred journal.

**Documents.** To this end, we chose to review the publications carried out since 2016, when the journal itself was created, even though there are previous editions, which constituted a collection of papers, still without the purpose of a technical scientific publication (Weires & Barbosa, 2021), as listed below, in chronological order of publication:

01. **GC-I:** Collection of Papers GPC-GRINVEX, 1994.
02. **GC-II:** Collection of Papers GPC-GRINVEX, 1996.
03. **GC-III:** Collection of Papers GPC-GRINVEX, 1997.
04. **GC-IV:** *Proceedings* of II CINVÉXIS, 2003.
05. **GC-V:** *Proceedings* of the XII CINVÉXIS, 2016.
06. **GC-VI:** *Proceedings* of the XXVI SIG, 2016.
07. **GC-VII:** *Proceedings* of XIII CINVÉXIS, 2017.
08. **GC-VIII:** *Proceedings* XIV CINVÉXIS, 2018.
09. **GC-IV:** *Proceedings* of XV CINVÉXIS, 2019.
10. **GC-X:** Grinvex Special Edition, 2020.
11. **GC-XI:** *Proceedings* of XVI CINVÉXIS, 2020.
12. **GC-XII:** *Proceedings* of XVII CINVÉXIS, commemorative edition, 2021.
13. **GC-XIII:** *Proceedings* of XVIII CINVÉXIS, 2022.
14. **GC-XIV:** *Proceedings* of XIX CINVÉXIS, 2023.

**Methodology.** To survey the fundamental instruments, techniques, and methods of the specialty, the *Methodology* section of the papers was analysed. When this was absent, the content of the publication was checked to identify elements of interest.

**Method.** Zaslavsky (2018, p. 108) clarifies that the research method defines, characterizes, and explains the act of investigation based on the instruments and techniques used. Considering the conscientiological methods already identified (Zaslavsky, 2021), the journal's publications show the predominance of the conscientiological self-experimentation method, even though there is a lack of precision in the recording or proposition of self-research techniques and instruments, indicating a lack of rigor in the elaboration and delimitation of the methodological path.

**Instrument.** There is a lack of adequate use and recording of instruments. There are a few papers that propose, use, or specify the instrument used in collecting, compiling, or reviewing data, and although the ideal would be to present corresponding research instruments and techniques (Zaslavsky *et al.*, 2022), most papers do not record them accurately. When and if mentioned, they appear as synonyms or dispersed in different sections of the text, as mentioned by Zaslavsky *et al.* (2020).

**Self-experimentation.** The publications show a focus on self-experimentation. There is no evidence in the publications of attempts to apply and/or replicate invexological instruments, refutation, or criticism of the contributions of other author-researchers, a characteristic observable in scientific productions of conventional science.

**Reflections.** Of the papers analysed, a considerable part still seems to focus on the combination of self-experiences with the researcher's reflections on the topic without much cognitive depth, with the use of theoretical references on the subject under analysis, and few attempts at greater methodological structuring and systematization of research. There is, therefore, a predominance of personal considerations on the topics of interest, and often unstructured reports on self-experiences.

**Dialogue.** Invexological knowledge appears to have an incremental character. Little is discussed about the propositions made. Conceptual and/or instrument proposals are assumed to be valid contributions and are hardly refuted or questioned.

## V. STATE OF INVEXOLOGY RESEARCH PROGRAMME

**Variable.** In the evaluation of the research and development programme of invexology as a specialty, it is important to highlight a fundamental variable related to the very nature of the conscins that engage in invexology.

**Youth.** Despite being a lifelong technique, invexology has youth as a target-audience, as it is at this critical stage of life that the application of the invexis technique should begin. And, it is in this context of instability, the beginning of the experience of the consciential paradigm and volunteering, amidst mesological pressures and critical life choices that most of the researchers who produce in invexology find themselves.

**Systematization.** This fact explains, in part, why there is such a large amount of published material, but with little systematization, when compared to other conscientiological specialties.

**Specialization.** In this sense, every inverter since the beginning of invexis is encouraged to write and publish their research in scientific journals and in the *Encyclopaedia of Conscientiology*, however, not every inverter has invexology as a proexological specialty, maintaining continuity in research over the years.

**Books.** Especially after the last ESBI survey, there was a large gap in books capable of organizing and deepening ideas about existential inversion in the scope of conscientiology. Currently, however, ASSINVÉXIS has undertaken a collective effort to write books through an *Invexographic Self-Development Programme*, seeking to fill this gap in the coming years.

**Initial.** As noted throughout this paper, in response to the initial question of this work, invexology has a research programme, but at an early stage since, despite there being a group goal regarding the scientific development of invexology through encouraging the production of books, there is still no clear goal in terms of establishing group research priorities.

**Table.** Regarding systematization, it is also worth highlighting that the specialty is developing a project to deepen the collective cognition of researchers about the specialties of invexology and the elaboration of a consensual and organic synoptic table.

**Challenges.** Other future challenges consist of transforming the existing Glossary into an Invexology Dictionary, and keeping the ESBI continuously updated.

## FINAL CONSIDERATIONS

**Programme.** With the aim of summarizing the *state of the science* of current invexological production (base-year: 2023), the present work dealt with the essential structuring elements of the Invexology Research Programme, seeking to diagnose whether this specialty already has a programme and at what level of development it is.

**Stage.** In view of the above, to have a research programme at an initial stage is considered, taking into account the existence of a definition, essential concepts, glossary, exhaustive specific bibliography, key-references, and subspecialties. However, there remains greater group clarity regarding the subspecialties and their systematics in a synoptic table, as well as methodological maturity with the organization of collective research objectives and goals, in addition to the joint goal of publishing books.

**Invitation.** All researchers are invited to strengthen the invexological holothosene on the planet by engaging in the joint construction of invexology.

## NOTES

1. **Verbetomatics:** Tool that allows the search on publications in the *Encyclopaedia of Conscientiology*, updated daily. The full version, enabling complete searches with various filters, is available to subscribers of the *Friends of the Encyclopaedia Programme*. However, there is also a basic version, available on the web to all interested parties, allowing searches by verbetographer, specialty, or title of the verbet; available at: <<http://68.183.133.115/buscaverbete/>>; accessed on: 31/12/23.

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